

YOUTH MENTAL HEALTH FIRST AID FOR ADULTS ASSISTING YOUTH



MENTAL
HEALTH
FIRST AID



CERTIFICATION COURSE

Learn how to:

- Recognize signs that a mental health problem could be developing
- Respond appropriately to a crisis

May 6th, 2021
9:30AM - 4:30PM

CLF Church
317 1st St - Quincy

FREE! \$100 VALUE!



REGISTER ONLINE AT:

www.plumasruralservices.org/Youth-Mental-Health-First-Aid

For more information contact:

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Plumas Rural Services
Serving people, Strengthening families, Building communities
www.PlumasRuralServices.org