

# PLUMAS RURAL SERVICES

OCTOBER 2024

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## DOMESTIC VIOLENCE SERVICES

Plumas Rural Services (PRS) provides the Domestic Violence Services (DVS) program for Plumas and Sierra counties. PRS-DVS launched in 1995 through funding following the Nicole Brown Simpson case.

The program offers 24/7 crisis hotline services through a contract with Plumas Crisis Intervention & Resource Center's (PCIRC) Crisis Line (833-723-2968). PRS offers counseling, safety planning, case management, court accompaniment, assistance with filing restraining orders, transportation, support with housing and household goods, trauma recovery and education, and safe shelter for survivors of all genders and their dependent children and pets - and much more. PRS also contracts with PCIRC to provide these types of services in Sierra County through the Sierra SAFE program.

DVS staff at PRS and PCIRC receive the California mandated 40-hour DV Counselor training. PRS also provides trauma-informed services training to staff interacting with DV survivors. The program has a strong local network of collaboration with area schools, law enforcement, hospitals, Victim/Witness Assistance, county departments, and others.

### OCTOBER IS NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

In October, PRS invites community members to join us in DV awareness events and activities. Thursday, October 10th, is "Purple Thursday"; nationwide, people will wear purple to show their support of DV survivors (share your pictures to social media tagged with #DVAM). We are also holding a Paint & Sip event with local artist Trixie Hollyhox to reflect on the impact DV has in our communities (Sunday, October 20, 1-4 PM at Drunk Brush in Quincy, \$40/person - [register here](#)).

More information about the DVS program can be found [here](#) or by calling 530-283-5675.



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excellent listener, she is a go-to person for clients who need a safe space to share. It can be hard to hear so much suffering from others, but she has a great ability to listen with kindness and empathy and not let it deplete her at the same time.

Judith has enjoyed traveling in her life, living in several places in Germany, Georgia (U.S.), Alaska, Washington State, and California, of course. She has also traveled to Hawaii and England. Some of her pastimes included cooking, baking, canning, sewing and quilting. Now she is more settled in Quincy and spends much of her time gardening and renovating her home, including redoing her deck.

## JUDITH ALTES

### *DOMESTIC VIOLENCE ADVOCATE*

Domestic Violence Advocate Judith Altes is the longest serving employee in Domestic Violence Services at PRS. Born in Santa Rosa, she soon moved up to Genesee where her grandfather owned a ranch. She went to elementary school in Taylorsville and ultimately graduated from Quincy High School in 1967. She traveled around a little after high school, but after 30 years moved back to her roots to live within driving distance to family around the area.

Judith went back to school to get her A.A. in her 40s, and went on to pursue her B.A. from Chico State University graduating at 50. She also took coursework in Business at Feather River College. At the same time when she was studying, she came to PRS to work in the DVS program in 1999, spending time supporting clients at the emergency shelter during the day. The shelter closed its doors for a couple of years in 2010, and during that time Judith drove for PRS's In-Home Respite Program.

Judith's favorite part of working with PRS is how supportive everyone at the agency has been. It's been a good fit for her from the perspective of learning and working style, and she appreciates how valued she feels at the agency. She enjoyed when she was working 5 days per week, transporting clients and their children when they needed to attend appointments and school. Since she's an

## STAFF ACCOLADES

Cheyenne Tiradeau was recognized in September as a Superhero by Far Northern Regional Center. She was selected for her outstanding work in embracing inclusion and creating acceptance and opportunities for persons with developmental disabilities and their families in the North State Community. Cheyenne is the Coordinator for PRS's Early Start Family Resource Center (for children 0-3 in Plumas County who have or are at risk of having disabilities or developmental delays) and Family Empowerment Center (serving children and young adults with any disability in Modoc, Lassen, Plumas and Sierra counties). Congratulations, Cheyenne!



Batterer's Intervention Coordinator Angela Hauner, DVS Coordinator Sarah Holcomb, DVS Case Manager Michelle Greco, and Resource & Call Coordinator Nina Peay attended the United Way of Northern California Lay Counselor Academy (LCA) training in September; they will complete their training in November 2024.



# JOB OPENINGS



PRS is hiring! The following information includes a snapshot of available positions at the time of this newsletter's publication. Click on job titles for more information, including job descriptions, hours and requirements.

## TECHNOLOGY INTERN \$18.53-\$24.83/hr

Assists with the maintenance of agency computers and network systems, phones, and other office equipment. Applicants with higher qualifications may be considered for a Technology Specialist position (\$19.46-\$26.08/hr).

## FEC FAMILY SPECIALIST \$19.32-\$25.89/hr

Family Empowerment Center (FEC) direct service position providing free information on community resources for parents and caregivers of children and young adults with disabilities in Modoc, Lassen, Plumas and Sierra counties. (Bilingual \$21.25-28.48/hr)

## WIC PROGRAM ASSISTANT IV/WNA \$19.99-\$26.61/hr

This position manages the WIC office in Quincy as well as direct client services to WIC recipients and limited nutrition and breastfeeding education and counseling.

## RESPIRE CARE PROVIDER \$17.49-\$23.26/hr

## RESPIRE PROVIDER II \$20.53-\$25.53/hr

The Respite program provides respite care for caregivers of the elderly and people with physical and/or developmental disabilities. These positions provide in-home care and developmentally and age-appropriate activities for clients. May also provide transportation.

## TRANSIT DRIVER \$18.00/hr during training,

\$20.00/hr after getting Class B License

Full time & on-call. Provides safe, reliable and courteous service to the general public while operating any Plumas County Transit vehicle. Applications must include a DMV driving record. This position includes a \$500 hiring bonus, another \$500 after obtaining the appropriate license, and another \$1,000 after 1 year of employment.

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## ALIVE SUPPORT SPECIALIST I \$19.32-\$25.71/hr

The ALIVE program provides day services, independent living, job development and job coaching services to individuals with development, intellectual and physical disabilities.

Up-to-date information on employment opportunities may be found on [PRs's website here](#). Each applicant must submit an application, cover letter and resume. Applications and instructions for submitting can be found at the link above.

# 50 YEARS OF WIC!

WIC Coordinator Kaline Lecoq had the privilege of attending the California Department of Public Health and California WIC Association's 50th Anniversary Celebration at the State Capitol on September 24th. Over a hundred people came together in recognition of the work WIC has done and continues to do to advocate for and support families. The air was buzzing with pride, a sense of purpose, and warmth as those gathered welcomed new CDPH WIC Division Chief Fariha Chowdhury. Senator Josh Newman presented the most recent breastfeeding resolution and acknowledged the vital impact WIC has on the health of the state.

WIC has been a cornerstone of public health and nutrition for half a century, providing vital services to low-income expecting and postpartum parents and young children. The program has played a crucial role in improving maternal and child health outcomes, ensuring access to nutritious foods, nutrition education, and lactation support services for millions of families. WIC's 50-year history is one of undeniable impact as over 69% of eligible Californians receive WIC, and more than 50% of infants born in the state benefit from the program. These statistics point to a broader truth: WIC has been essential in ensuring healthy pregnancies, better birth outcomes, and school readiness for California's children.



## OCTOBER EVENTS

### Thursday, October 3, 2:00 – 4:00 PM

Meet & Greet for support for those with developmental disabilities age 0-26  
Lassen Library, 1618 Main Street, Susanville

### Thursday, October 10

World Mental Health Day  
“Mental Health at Work” information available [here](#)

### Thursday, October 10, 8:30 AM - 4:30 PM

Customer Service & De-escalation Skills Interactive Workshop: A Trauma-Informed Approach  
CLF Church, 317 1st Street, Quincy  
\$95, [Registration required](#)

### Wednesday, October 16, 10:00 – 11:30 AM

Connect the Dots: Intimate Partner Violence  
Online training webinar, [register here](#)

### Wednesday, October 16, 6:00 – 7:30 PM

Family Child Care Business Tax Workshop  
PRS, 711 E. Main Street, Quincy - Dinner provided  
*RSVP required (Debbie, 530-283-4453, x 824)*

### Thursday, October 17

Purple Thursday  
Wear purple to raise awareness of domestic violence!

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### Sunday, October 20, 1:00 - 4:00 PM

Paint & Sip for Domestic Violence Awareness  
The Drunk Brush, 438 Main St., Quincy  
\$40/person, [Registration required](#)

### Thursday, October 24, 6:00 - 8:00 PM

Active Physical Development  
Training for child care providers and center staff  
PRS, 711 E. Main Street, Quincy - Dinner provided  
[Register here in WFR](#) or [here in Google Forms](#)



After the keen still days of September, the October sun filled the world with mellow warmth...The maple tree in front of the doorstep burned like a gigantic red torch. The oaks along the roadway glowed yellow and bronze. The fields stretched like a carpet of jewels, emerald and topaz and garnet. Everywhere she walked the color shouted and sang around her.

- Elizabeth George Speare,  
*The Witch of Blackbird Pond*



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