November 2026

Connected with PRS

Serving People. Strengthening Families. Uplifting Communities.



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Grateful to Support Our Community

Throughout the year, but especially now, we are full of gratitude at PRS:

- for our staff and how hard they work for our clients and communities;
- for our partners and the incredible network they form to support our friends, families and neighbors; and
- for our Board and their dedication and commitment that ensure we are able to do the work that we do.

This agency has been blessed to support this region for 46 years, and we know that at the root of it all are people - those we serve, those we serve with, and those who serve us.

While this is a season of gratitude and joy for many, at PRS

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Lisa Hanna

Fiscal Coordinator

Lisa Hanna originally moved to Plumas County when she was 3 years old. She grew up in Quincy and left after high school to go to college in San Diego where she met her husband and lived for 10 years. In the early 1990s her parents were getting ready to retire from their custom window covering business in Quincy and offered her the opportunity to come up and take it over. She and her husband took over the business and began a 30-year stay in the community, capitalizing on the chance to hike, boat, and backpack in the region with their kids.

In 2008, folks stopped making as many home improvements as the economy slowed, and Lisa was looking for some other professional option. She learned of the opportunity to join PRS in the Fiscal Department. This was a great change for her in terms of the structured work environment and getting to work with her math and problem solving skills, which she finds very relaxing (lucky for PRS!). She enjoyed the work and the ambience at PRS. "PRS has always been great at understanding our needs as families, as parents," Lisa says. "When something big happens in your life, PRS makes sure you can go do what you need to do. I really appreciate the atmosphere, the flexibility, and the relationships at PRS."

Lisa's husband, Dan, was hired as a pastor at a church in Yucca Valley near Joshua Tree National Park in 2022. Lisa was really grateful to be able to continue in her position fully remote from there.



Lisa & Dan Hanna

"In some ways PRS feels like family, in some ways it feels like friendship."

When she's not working, Lisa is an outdoor girl. She loves to garden, hike, paddleboard - anything that gets her outside. She has three children and her first grandchild on the way; family is very important to her, and she appreciates being closer to two of her children in Southern California. She is also very involved in her church community, which is a second family to her.

Grateful to Support

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we also know that this is a season of grief and hardship for many, often highlighted by the contrast with festive decorations, music, and social activities that fill our communities. For those for whom the holidays either result in conflicting emotions or are a struggle altogether to get through, PRS offers a wide variety of compassionate support.

The holidays can bring up intense feelings of grief for many people. PRS offers one-on-one Grief Recovery Support, either online or in person, to empower you to move beyond the pain caused by loss. More information can be found online here.

Folks who have experienced trauma, whether in the recent or the distant past, may still suffer from its lasting effects, such as hypervigilance, emotional reactivity, sensory overstimulation, poor sleep/bad dreams, substance abuse/addiction, eating disorders, struggles with intimacy, and more. PRS's Trauma Recovery & Education program can provide one-on-one support online to help you identify, interrupt, and change maladaptive mindsets and behaviors that are rooted in trauma. More information about how to access this service can be found on the Trauma Recovery webpage.

For anyone looking to explore mindfulness and how it can help reduce stress in daily life, Mindfulness-Based Stress Reduction is an 8-week course that can have benefits such as improved focus, mood, and emotional regulation; reduced stress and anxiety; and physical effects such as better sleep quality, chronic pain relief, and lower blood pressure. Individualized, one-on-one mindfulness sessions are also available. Visit Mindful Living online for more information.

Exploring these services and resources can help you make it through the holidays whether you're struggling or you're aiming to support someone you love.

Champion Employer

In October, PRS-ALIVE received the Champion Employer Recognition Award from Partners in Employment, a group of service organizations and state agencies that champions inclusionary employment in the North State. This award recognizes PRS's commitment in creating opportunities for those with intellectual and developmental disabilities to find and be placed in work in inclusionary settings in their communities.

Heal the Healers

Grant Awarded for DVS Staff

PRS is thrilled to be one of the 2026 recipients of the Joyful Heart Foundation's annual Heal the Healers grants. The Heal the Healers (HTH) Fund supports professionals working directly with survivors of domestic violence, sexual assault, and child abuse who face a heightened risk of secondary trauma. As funding cuts and uncertainties continue to strain organizations nationwide, these vital workers are faced with seemingly insurmountable workloads in an increasingly political environment. The Heal the Healers Grant helps ease that burden. Joyful Heart, in collaboration with their philanthropic partners, has disbursed over $450,000 to fund over 100 grants.

The grants support the frontline staff of PRS and similar organizations by funding staff retreats, training and program development for self-care practices, facilities upgrades that promote wellness, and therapeutic experiences including mental health services. "We know that secondary trauma is a relentless challenge, leading to high turnover rates for advocates in the domestic violence, sexual assault, and child abuse fields, and making it harder for survivors to access the care they desperately need," says Robyn Mazur, Executive Director of the Joyful Heart Foundation. "With the extraordinary support of our philanthropic partners, we were able to fund over 100 organizations this year, increasing the amount of funded applicants by more than 50%. This expansion ensures that by supporting our partners' staff and volunteers, we are directly helping advocates maintain the compassion and strength required to light the path toward healing for survivors."

PRS is grateful to the Joyful Heart Foundation for this award to support our Domestic Violence Services staff in recognition of the challenging work they do day-in and day-out in Plumas County.

HEAL THE HEALERS
A Joyful Heart Foundation Initiative



Purple Thursday Staff Photo
Ashlee Johnston, Cheyanne Tiradeau, Maddie Wilson, Chris Caires, Elisia McClure, Paula Johnston, Mary McElwain, Deedra Desentz, Michelle Greco

Coming Up at PRS...

Events, Trainings, & More

Wed, November 11
PRS Offices Closed for Veterans Day

Tue, November 17, 6-7 PM
Community of Practice: Work-Life Balance
Virtual workshop for early learning & child care providers, free to attend
Registration required, call Debbie Guy at 530-283-4453 x824

Wed-Fri, November 25-27
PRS Offices Closed for Thanksgiving



PRS Halloween Costume Contest
Shauna Everton, Paula Johnston, Ashlee Johnston, Elisia McClure, Mara Beatty, Kelly McElwain, Sorrell Bobrink

JOIN OUR TEAM!

Visit our website for up-to-date information on positions and to apply.

ALIVE Coordinator - Full Time

ALIVE Support Specialist - Part Time or Full Time

Fiscal Clerk - Full Time

Transit Drivers - Full Time and On-Call up to 35 hrs/wk

These positions available at time of print.



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