



PLUMAS RURAL SERVICES

NOVEMBER 2025

WWW.PLUMASRURALSERVICES.ORG

INSIDE THIS ISSUE:

RESPITE CARE - 1

STAFF HIGHLIGHT - 2

ATTAINABLE HOUSING - 2

DV AWARENESS - 3

BOARD HIGHLIGHT - 3

THANKING VETERANS - 4

CALENDAR - 5

JOB OPENINGS - 5

IN-HOME RESPITE CARE

Plumas Rural Services (PRS) offers the In-Home Respite Care program, providing relief for family members who care for adults and/or children who have developmental disabilities; dependent adults including senior citizens; and adults who are recovering and recuperating.

Most families take great joy in providing care to their loved ones so that they can remain at home. However, the physical, emotional and financial stresses for the family caregiver can be overwhelming without some support such as respite care. Caregivers need time off from their caregiving responsibilities to relieve stress and prevent burnout. Good caregiving depends on meeting the caregiver's own needs for nurturing, support and periodic respite.

In-Home Respite services provide a much-needed, temporary break from the often exhausting challenges faced by the family caregiver. Services provided can include respite care, support, referrals, companionship, shopping, transportation, and meal preparation. Care is provided in the individual's home by trained and screened Respite Care Providers. Families may interview and select Respite Care Providers of their choice. The Provider comes to the home and gets to know the care receiver in their normal environment and learn family routines. All services of the In-Home Respite Care program are confidential.

The cost of care may be covered for those who qualify for services through Far Northern Regional Center or Passages. Respite services are also available for private pay. Contact Adam Toler, Respite Coordinator, at 530-283-2735 x885 or [via email](mailto:atoler@plumasruralservices.org) for more information about the program and how to receive services. Additional information can also be found on the [PRS website](http://WWW.PLUMASRURALSERVICES.ORG).



ADAM TOLER

RESPIRE COORDINATOR

Originally from West Virginia, Adam Toler moved to Plumas County in December 2020 to be with family here. Out of high school, Adam entered the military where he served for more than a decade. He transitioned into a position as a Crisis Intervention/Prevention Coordinator for a mobile crisis unit.

Adam joined PRS in 2022 as a Disaster Case Manager (DCM) in the wake of the Dixie Fire. As the DCM program was winding down mid-2024, he was looking for his next opportunity, with the aim of continuing to grow with PRS. He had experience as a home help aide when he lived on the East Coast, and when the In-Home Respite program had an opening it seemed a good fit. Adam moved into the Respite program in the summer of 2024, taking over as Respite Coordinator in August of that year.

Adam helps to bridge the gap between families and respite providers and other resources that they need to care for their loved ones. Within the field of disability care, he helps families get the rest they need so they can continue to support their parent, spouse, sibling, or child. "I feel like if I can ease the tension or put a smile on a family's face because they can get that well-deserved break, then I've done my job for the day," he says.

Outside of work, Adam is affiliated with Scouting America, having started as a Tiger Cub in 1991,

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working through his Eagle Scout in 2001 and serving now as an Assistant Scout Leader and a Vigil Member of the Order of the Arrow. He is also a member of the American Legion and a lifetime member of the Veterans of Foreign Wars (VFW). When he's not in the office, Adam loves to spend time outdoors camping, hiking, or just being in nature. He enjoys fishing, hunting, playing around the Sierra Buttes, and hiking parts of the Pacific Crest Trail and other mountain trails in the region.

ATTAINABLE HOUSING

PRS, in partnership with The Almanor Foundation, Plumas Housing Council, LMNOP Designs, Inc., Plumas County, California Housing & Community Development, and RRA Builders, is proud to announce a transformative workforce housing initiative.

The project will construct 19-20 single-family homes, each with an attached accessory dwelling unit (ADU), creating 38-40 new rental units across Plumas County. Development will primarily focus on Greenville, with additional scattered-site rentals planned in other parts of the county.

This initiative supports local employers by providing safe, affordable housing options for employees—helping families remain in the community while addressing critical workforce needs.

"Workforce housing is essential to the health of our local economy and the well-being of our residents," says Paula Johnston, Executive Director of PRS. "This project will help families stay in Plumas County and support local businesses in attracting and retaining employees."

Each of the 800-square-foot, two-bedroom, two-bath units will feature a private front deck, secured storage, and a fenced rear yard, blending functionality, comfort, and privacy.

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DV AWARENESS MONTH

During October, PRS's Domestic Violence Services (DVS) was busy promoting Domestic Violence Awareness Month across Plumas County. Businesses all over Quincy lit up for the Purple Light campaign in support of domestic violence survivors, and area coffee shops distributed Purple Ribbon coffee sleeves. PRS staff dressed up for Purple Thursday on October 16th, part of an annual event on the 3rd Thursday of October.



The DVS program also hosted two events to bring supporters together in the community. A Paint 'N' Sip event at the Drunk Brush in Quincy had participants getting together to follow Tricia Hollyhox in a guided painting lesson. Near the end of the month, Marigold Blooms hosted the Bloom With Strength floral basket creation afternoon. Participants could choose to donate their baskets for sale with proceeds supporting the DVS Winter Boot & Sock drive. New boots and new/gently used winter socks can still be dropped off at PRS's office in Quincy or any Plumas Bank office in Plumas County before the end of Monday, November 3rd; monetary donations are also welcome [here](#).

PRS DVS would like to thank all the businesses and individuals who supported the program and local DV survivors by participating in the coffee cup campaign, Purple Light campaign, and other events. Big thanks, in particular, go to:



- Katy and Kristen at Marigold Blooms
- Ross MacNeil and Feather River Food Co-Op
- Plumas Bank
- Quincy Hotspot
- Trixie Hollyhox
- Barbara Newman and Drunk Brush

Though Domestic Violence Awareness Month has ended, the need for continued support for the DVS

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program and local DV survivors continues. We encourage anyone interested in helping sustain this program to consider a purchase from the program's [Amazon Wishlist](#).

PRS BOARD: JAMES SHIPP

James Shipp, President of the PRS Board of Directors, has lived in Quincy for over 30 years. He graduated as Senior Class President from Quincy High School and has been working and investing in Plumas County



for more than 2 decades now. He notes that the pace and people of this area are unique, and he has enjoyed working with many different groups over the years for the enrichment of local communities.

James is the General Manager of Central Plumas Recreation and Park District (CPRPD), a position he's served in for the last 9 years. He values the organization as a great way to connect to more families and see how CPRPD may be able to provide services to young and old through recreation.

James was invited to join the PRS Board in February 2019, and he continues to serve because he believes in the agency's mission and its employees' dedication to serving people. He particularly values the heart that PRS has for the people it serves. "I want folks to have the support needed to tackle whatever challenge or opportunity that should arise," he says. "I am also very invested in Plumas County after being raised here and now raising my own family in this area."

When he isn't working or supporting PRS and its services, James spends his time with his beautiful family: his wife of 12 years and two children under 5 years old.

HOUSING, CONT...

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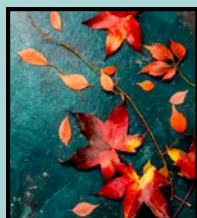
The community has spoken,” says Kelly Konzelman, CEO of RRA Builders and Paradise Affordable Homes. “Following many months of gathering input on housing priorities from community members in Indian Valley, residents were clear in asking for high-quality, single-family-style housing. Through creative planning and new ADU laws, we can increase housing density on single-family lots without significantly increasing development costs.”

The project is funded in part through California Housing & Community Development’s Community Development Block Grant-Disaster Recovery (CDBG-DR) program. Additional funding is being sought to help fully realize the project’s goals.

As a 501(c)(3) nonprofit organization, PRS welcomes donations, partial property gifts, or financial contributions from individuals, organizations, and employers who wish to support this important effort. All contributions will have a direct, lasting impact on local families and the workforce and may be tax-deductible. Contact Paula Johnston at 530-283-2735, x875 or [via email](#).

How beautifully leaves grow old. How full of light and color are their last days.

- John Burroughs



THANK YOU VETERANS

Plumas Rural Services would like to thank the veterans in the communities we serve and across the nation for their many sacrifices in service to our country. Your dedication and bravery make our daily freedoms possible, and we honor you on Veterans Day and every day.

PRS offers a variety of services that can support veterans and their family members and caregivers through a variety of stages of life during and post service. Our Community Training program runs a number of trainings on mental health issues that can help veterans and others in their lives manage the host of unique concerns that come with a life of military service. In June 2025, we hosted a Connect the Dots webinar with Dr. Ryan Rogers exploring his book, “A New Mission: Unpacking the Military Mindset and Building a Stronger Life After Service”. This and other community webinars exploring topics ranging from trauma, mental health and suicide prevention to increasing motivation and unlocking personal growth can be found in PRS’s [Training Video Library](#).



PRS also hosts regular mental health trainings, such as Mental Health First Aid, with facilitators who focus specifically on veterans’ experiences and issues. This training and the others we offer can be found on the [Community Training webpage](#).

For more information about mental health trainings, webinars, and more, including scheduling specific training events for your group, you can contact Dana Nowling at 530-283-2735, x856 or [via email](#).



Monday, November 3

Last Day of DVS Winter Boot & Sock Drive
Donations can be dropped at Plumas Bank locations in Plumas County or at 711 E. Main Street, Quincy
[Monetary Donations here](#)

Thursday-Friday, November 6-7, 9:00 AM - 5:00 PM

ASIST (Applied Suicide Intervention Skills Training)
CLF Church, 317 1st Street, East Quincy
[Registration required](#)

Tuesday, November 11

PRS Offices Closed in observance of Veterans Day

Thursday, November 20, 6:00 - 7:30 PM

Childcare Provider Cafe
Virtual Cafe for Family Childcare Providers and PreK/TK/K Teachers & Assistants
Registration required: [Liz Welch](#), 530-283-4453 x815

Wednesday-Friday, November 26-28

PRS Offices Closed in observance of Thanksgiving

JOB OPENINGS

The following information includes a snapshot of available positions at the time of this newsletter's publication. Click on job titles for more information.

FAMILY EMPOWERMENT CENTER FAMILY SPECIALIST (Part-time)

Provides information on resources to families of children and young adults with disabilities in Lassen, Modoc, Plumas and Sierra Counties. Provides training and support for children, young adults and their families. Additional pay for Bilingual in Spanish.

DOMESTIC VIOLENCE ADVOCATE (Part-time)

The DVS program provides counseling, legal assistance, emergency shelter, housing and job search assistance, food, clothing and transportation for survivors of domestic abuse and their children. Position works directly with clients and their children at the emergency shelter.

ALIVE GENERAL AIDE (On-call)

ALIVE SUPPORT SPECIALIST (Full-time & part-time)

The ALIVE program provides day services, independent living, job development and job coaching services to individuals with developmental, intellectual and physical disabilities.

Up-to-date information on employment opportunities may be found on [PRS's website here](#).



DONATE TODAY:



530-283-2735

www.PlumasRuralServices.org

Facebook: @prs.social

X (formerly Twitter): @PRS_Inc

Instagram: @plumasruralservices_inc