# PLUMAS RURAL SERVICES

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#### **PLUMAS STARS**

Plumas STARS is a program that supports individuals and agencies providing early learning and care to the children ages 0-5 of Plumas County. Plumas STARS is a consortium of partners, including First 5 Plumas, Plumas Rural Services, Feather River College, PLumas Early Education and Child Care Council, Sierra Cascade Family Opportunities, and California Department of Social Services. The program is also funded in part by the California Department of Education.

Plumas STARS is the local Quality Rating and Improvement System (QRIS) for early education and care settings. The statewide QRIS is called Quality Counts California. Anyone providing early learning and care to the children of Plumas County can participate in Plumas STARS, including:

- Family, Friend, and Neighbor (FFN) providers/License-exempt program staff
- Home Visiting (HV) program staff
- Plumas County Library branches
- Licensed family child care home staff
- Licensed center based child care staff

• Family Resource Center/Early Start Family Resource Center Participating sites can receive annual monetary incentives (\$250-\$1,500) depending on program type and level of participation. Additional resources, such as coaching support/site visits, inclusive environments, a monthly Provider Cafe on Zoom, free trainings offered in collaboration with PRS Child Care Resource & Referral, videos, webinars, and more, are available to participating sites. More information about what is required to participate can be found here. https://plumasstars.org/providers/

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#### ELISIA MCCLURE Domestic violence advocate

ElisiaMcClure, DV Advocate, had the desire to live in the mountains since she was a teenager. She started visiting her husband's family in Quincy with him, and they fell in love with the area. After a health scare in 2021, she and her husband decided it was time for a change; she retired from her 25-year career in the medical field, left the city, and moved to Quincy..

After moving, Elisia saw a few job openings at PRS and heard positive things from family about working for PRS. She applied for an open position, and while waiting for an interview, she noticed the Domestic Violence Advocate position. Reading through, it felt like it was written with her in mind. She ended up interviewing for the DV Advocate position and took it when it was offered to her. She was drawn to the position both because of her desire to help people as well as some past relevant experience as a child.

What she really likes about working with survivors of domestic violence is seeing people get out of abusive situations and move forward with their lives - she loves being able to help people succeed. "I love humans. I'm a non-judgmental person, and I love meeting people where they're at," Elisia says.

She also likes working with PRS and having the opportunity to continue her education and learning she's doing something different every day and learning something different every day which really

#### Continued.

works for her personality. Elisia recently received the EVAWI (End Violence Against Women International) Victim Advocate Scholarship for their International Conference on Sexual Assault, Domestic Violence, and Forging New Pathways. She'll join law enforcement, prosecutors, advocates, health care providers, judges, faith leaders, educators, researchers, and others in attending the intensive, 3day conference in Anaheim at the end of April to learn about promising practices and emerging issues to effectively respond to gender-based crimes.

Outside of the workplace, Elisia loves doing anything artistic with her hands - refinishing furniture, painting, sewing - working with plants, cooking for others, baking, fishing, camping, and paddle boarding. She loves trying new things! Something people might not know about her is that she really likes making people laugh.

#### SEXUAL ASSAULT AWARENESS MONTH

April is Sexual Assault Awareness Month, and in 2025 the theme "Together We Act, United We Change" highlights the importance of working together to address and prevent sexual abuse, assault, and harassment. Everyone in our communities deserves to live in safe and supportive environments where they are treated with respect. When our workplaces, schools, and communities work together to uphold safety and respect, we make progress in preventing sexual abuse, assault, and harassment.

The National Sexual Violence Resource Center has resources to <u>learn more about sexual violence and</u> <u>how to prevent it</u>. The first Tuesday of April - the 1st in 2025 - is the Day of Action: wear teal to support

survivors of sexual harassment and abuse and post a picture to social media with #SAAM2025. More ways to get involved can be found<u>here</u>.



## **WEEK OF YOUNG CHILD**

PRS and the National Association for the Education of Young Children (NAEYC) invite you to celebrate the 2025 Week of the Young Child® from April 5-11. This annual event celebrates early learning, young children, their teachers, and families. It focuses public attention on the needs of young children and their families and recognizes the early childhood programs and services that meet those needs.

Established in 1971, Week of the Young Child® highlights the early childhood years (birth through age 8) that lay the foundation for children's success in school and later life. NAEYC invites parents, child care providers, and teachers to celebrate and shine a spotlight on their classroom, advocacy, and family engagement activities by sharing on Facebook, X and Instagram using #WOYC2025.

The week includes:

- Kick-off Saturday
- Music Monday
- Tasty Tuesday
- Work Together Wednesday
- Artsy Thursday
- Family Friday

For ideas about what you can do each day, visit NAEYC's <u>WOYC Overview webpage</u> which lists suggestions and links for more resources.



## **PREVENT CHILD ABUSE**

April is National Child Abuse Prevention Month recognizes the importance of families and communities working together to prevent child abuse and neglect. Information and resources about this national effort can be found <u>here</u>.



### PLUMAS STARS, CONT.

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Plumas STARS encourages families with children from birth through age 5 to complete the Ages and Stages Questionnaire (ASQ), a free, online developmental screening tool. There are two screeners in the ASQ family: ASQ®-3, which looks at key areas of early development, and ASQ®:SE-2, which focuses on social-emotional development. Screening kits with materials for families who may not already have items at home can be checked out from Plumas County Library branches. After completing the ASQ, families will receive a bag filled with activities and materials to support their child's growth and development. Contents of the bags are tailored based on the age of the child and individual screening results, and they can either be delivered or a pickup location arranged. More information about the ASQ can be found <u>here</u> and <u>here</u>.

The program offers a variety of resources for parents to support their child's development. From developmental milestone trackers to kindergarten readiness information to referrals for community programs and resources, Plumas STARS aims to help parents feel empowered and effective in raising their children. The program also collaborates with partners for the annual High Sierra Parent Conference in the fall.

During the Week of the Young Child (April 5-11, see left) and in collaboration with Plumas Library, activity bags supporting child development and family engagement will be available at each library branch.

For more information about Plumas STARS, contact PRS's Early Learning Specialist Liz Welch <u>via email</u> or visit <u>Plumas STARS online</u>.

### JOB OPENINGS



PRS is hiring! The following information includes a snapshot of available positions at the time of this newsletter's publication. Click on job titles for more information including job requirements and hours.

RESPITE CARE PROVIDER \$17.49-\$23.26/hr RESPITE PROVIDER II \$20.53-\$25.53/hr The Respite program provides respite care for caregivers of the elderly and people with physical and/or developmental disabilities. These positions provide in-home care and developmentally and ageappropriate activities for clients. May also provide transportation. Seeking Provider for Quincy & Portola and Provider II for Susanville & Modoc County.

TRANSIT DRIVER \$18.00/hr during training, \$20.00/hr after getting Class B License On-call position available. Provides safe, reliable and courteous service to the general public while operating any Plumas County Transit vehicle. Applications must include a DMV driving record. This position includes a \$500 hiring bonus, another \$500 after obtaining the appropriate license, and another \$1,000 after 1 year of employment.

ALIVE GENERAL AIDE \$17.49 - \$23.44/hr ALIVE SUPPORT SPECIALIST I \$19.32-\$25.71/hr 1 on-call General Aide, 1 part-time Support Specialist and 1 full-time Support Specialist position open. The ALIVE program provides day services, independent living, job development and job coaching services to individuals with developmental,

Up-to-date information on employment opportunities may be found on <u>PRS's website here</u>.

Each applicant must submit an application, cover letter and resume. Applications and instructions for submitting can be found at the link above, by visiting PRS' offices at 711 E. Main Street in Quincy, or by calling 530-283-2735, ext 873.

### **TEENS IN NATURE**

PRS will be hosting a 3-day camp for teens this summer from Wednesday, June 25th, through Friday, June 27th, 10 AM - 3 PM each day. Hosted at Coppercreek Camp in Greenville, this camp will be full of fun activities for teens ages 13-15 and leadership opportunities for a couple of 16-year-olds. Lunch and snacks provided.

We invite you to reserve this time in your calendar now - registration is coming soon in April (keep an eye on our website and social media!), and space will be limited.

### **GENASYS ACTIVE**

If you have not signed up for Plumas County's emergency alert system, genasys, now is the perfect time. Plumas County now uses the GEM (Genasys Emergency Management) notification system to alert residents about issues that may affect their safety, such as wildfires, floods, gas leaks, road closures, etc.

<u>Register here</u> by clicking on the 'Don't have an account? Click here to register" link and entering your current contact information. It is important to note that there is no autosave feature, so always click the "Update" button after adding or changing any information.

During the next local emergency, county officials will use the GEM notification system to quickly notify residents. When you receive an alert, follow the directions given. Early notification is key to saving lives and property during disasters. If you have questions about the notification system, call 530-283-6375 or scan the QR code for more information.







Wednesday, April 2, 6:00 - 8:00PM <u>Creative Arts Workshop</u> with Kinderlin Hoznour FRC Child Development Center 570 Golden Eagle Avenue, Quincy Pre-registration required: 530-283-4453, ext 824

#### Tuesday, April 8, 4:00 - 6:00PM

Plumas Rural Services Agency Resource Fair\* Tulsa Scott Pavilion, Plumas Sierra Fairgrounds 204 Fairground Road, Quincy

Wednesday, April 9, 11:00AM - 12:00PM IEP Meeting Preparation & Organization Training Virtual Zoom Meeting <u>Register here</u>

Wednesday, April 9, 2:00 - 3:00PM What is a Section 504 Plan? Training Virtual Zoom Meeting <u>Register here</u>

Wednesday, April 9, 6:00 - 7:30 PM Provider Cafe, a free virtual event for those who care for or teach children <u>Register via email</u> or 530-283-4453 ext 815

Thursday, April 10, 10:30AM - 12:00PM Connect the Dots webinar: Looking into the Eyes of Young Children <u>Register here</u>



#### **NATURE MADE COMING**

Mark your calendars now! The Nature Made youth camp is returning for Summer 2025. Camp will be held on the 2nd Saturday of each month from 9:00AM - 2:00PM: June 14th, July 12th, August 9th.

Nature Made provides monthly outdoor youth programming in Indian Valley to promote resilience, instill hope, and create positive connections for K-12 kids. Each event will have a variety of stations for kids to cycle through during a 6-hour day. Stations may include nature walks/meditations, craft projects, gold panning, the low ropes course, wall climbing, youth mindfulness, and more. Lunch and snacks are provided to children attending, and pre-registration is required. More information will be available <u>here</u> as it becomes available.

\*The PRS Agency Resource Fair on April 8th is an opportunity to learn about all the services, supports and resources PRS has to offer. Light refreshments, swag bags and a gift card drawing will be available.



Our spring has come at last with the soft laughter of April suns and shadow of April showers.

- Byron Caldwell Smith

#### **DONATE TODAY:**



530-283-2735 www.PlumasRuralServices.org Facebook: @prs.social X (formerly Twitter): @PRS\_Inc Instagram: @plumasruralservices\_inc