The Plumas County Resource Guide Created and Maintained By:





711 East Main Street Quincy CA 95971 530-283-2735 FAX 283-3647

www.plumasruralservices.org

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ALCOHOL AND NARCOTICS ANONYMOUS MEETINGS

AA HELP: Susanville: 530-257-2880 or 877-880-2880 Reno: 775-355·1151 Chico: 530-342-5756 NA Help Paradise 530-877-6361 Reno 775-322-4811

Chester AA

SUNDAY, 7:30PM	Big Book Study	Methodist Church- 386 Main St.
TUESDAY, 7:30PM	For families of alcoholics	Methodist Church- 386 Main St.
TUESDAY, 1:30PM	Discussion	Methodist Church- 386 Main St.
WEDNESDAY, 7:30PM	Discussion	Methodist Church- 386 Main St.
FRIDAY, 7:30PM	Discussion	Methodist Church- 386 Main St.
SATURDAY, 8:00PM	Step study and speakers	Methodist Church- 386 Main St.

Graeagle AA

MONDAY, 8:00PM Discussion Community Room upstairs from Knotty Pine Bar
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Greenville AA

MONDAY, 7:00PM	Discussion	Lutheran Church 120 Bush St.
WEDNESDAY, 7:00PM	Big Book	Baptist Church, Hot Springs Rd.
FRIDAY, 7:00PM	Discussion	Lutheran Church 120 Bush St.

Portola AA

SUNDAY, 7:00PM	12 x 12 Study	Portola Resource Center; 165 Ridge St
MONDAY, 7:00PM	Discussion	Portola Resource Center; 165 Ridge St
TUESDAY, 7:00PM	Book study	Portola Resource Center; 165 Ridge St
WEDNESDAY, 7:00PM	Discussion	Portola Hospital Education Bldg.
FRIDAY, 8:00PM	Discussion	Portola Resource Center; 165 Ridge St

Quincy AA, NA, ALANON

Orchard House Directions - Turn off highway west of Quincy toward Feather River College, then turn right toward County Health & Human Services Center. Orchard House is on the uphill side of the parking lot.

NA MONDAY, 12:00PM	Just For Today Book /	Orchard House
	Discussion	
AA MONDAY, 7:00PM	Just For Today Book /	Orchard House
	Discussion	
AA TUESDAY, 12:00PM	Daily Reflections	Orchard House
	Book/Discussion	
NA TUESDAY, 7:00PM	Just For Today Book /	Methodist Church, 262
	Discussion	Jackson St.
AA WEDNESDAY, 12:00PM	12 x 12 Book Topic	Orchard House
	Discussion	
AA WEDNESDAY, 7:00PM	Big Book Discussion	Methodist Church, 262
		Jackson St.
AA THURSDAY, 12:00PM	Grapevine Topic Discussion	Orchard House
ALANON THURSDAY, 5:30PM	Open Discussion	Methodist Church, 262
	_	Jackson St.
NA THURSDAY, 6:00PM	Format Varies	Orchard House
AA FRIDAY, 8:30AM	Women – Coffee	
AA FRIDAY, 12:00PM	Daily Reflections	Orchard House
	Book/Discussion	
NA FRIDAY, 6:00PM	Just For Today	Orchard House
	Book/Discussion	
NA SATURDAY, 12:00PM	Living Clean/Discussion	Orchard House
AA SATURDAY, 6:00PM	Off the Wall / Discussion	Orchard House
NA SUNDAY, 12:00PM	Just For Today / Discussion	Orchard House
NA SUNDAY, 6:00PM	Women's Just For Today /	Orchard House
	Discussion	

ADOPTION SERVICES

Adoption Choices of Northern California

Phone: 530.891.0302
For Birthparents: 1.800.607.9200
Spanish: 1.800.714.8151
Fax: 530.893.9347
Web site: www.womenshealthspecialists.org
Mailing Address: 1469 Humboldt Rd., Suite 200, Chico, CA 95928
Street Address: Same

Days/Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m. evenings and weekends for emergencies.

Services: Adoption Choices of Northern California is a local, private, adoption program which offers information, advocacy, counseling and support to those seeking adoption services. If you are parenting a child you are considering placing for adoption, we are happy to talk with you about your adoption options. We can help you find a family for your child, as well as assist you through the entire adoption process. We do offer open adoption and all our services to birth parents are confidential and at no cost. If you are interested in adopting a child we can offer our guidance and support for finding a child to adopt, through to your adoption finalization. We have four sites in Northern California (Chico, Redding, Santa Rosa and Sacramento) which are located within the clinics of the Feminist Women's Health Centers. Fees are reasonable.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Reasonable

California Dept. of Social Services-Adoptions

Phone: 530.895.6143

Web site: www.childsworld.ca.gov E-mail: fosteryouthhelp@dss.ca.gov Mailing Address: CDSS Chico District Office 520 Cohasset Rd., Suite 140, Chico, CA 95926 Street Address: Same

Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: CDSS is a public adoption agency that facilitates the adoption of children who need permanent homes by providing direct Agency and Independent adoption services through seven district offices located throughout the State. All seven offices provide Independent services and five of the offices also provide Agency services. The CDSS provides Agency services for 28 counties in California. The services focus exclusively on the placement of court dependent children, the majority of whom have special needs. In an "Agency Adoption", the child is placed for adoption by the CDSS or a licensed county or private adoption agency. A birth parent's parental rights are terminated either by court action or voluntarily relinquishing their parental rights. The adoption agency is responsible for the adoptive planning of the child until the completion of the adoption.

The Chico District Office conducts home studies in search of appropriate adoptive families in **the Plumas** service area.

Persons Served: All residents of California **Fees:** Varies

Independent Adoption Center

Phone: 1.800.877.6736 OR 1.925.827.2229 Fax: 1.925.603.0820 Web site: www.adoptionhelp.org

Email: info@adoptionhelp.org

Mailing Address: 391 Taylor Blvd., Ste. 100, Pleasant Hills, CA 94523 Street Address: Same Days/Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Services: Facilitate open adoptions; education and counseling center.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None for birth mothers; fees charged to adoptive parents

Mountain Circle Family Services, Inc.

Phone: 530.284.7007 Greenville (Admin.)
Portola
Susanville
775.825.9995 Reno
Web Site: www.mountaincircle.org
Contact: Shauna Rossington, Director
Email: srossington@mountaincircle.org
Mailing Address: PO Box 554, Greenville, CA 95947 (Admin. Office)
Street Address: 96 South Main Street. Greenville, CA 95947
Days/Hours: Monday – Friday 9:00 a.m. – 5:00 p.m.

Services: A community-based organization dedicated to making a positive difference in the lives of children and families. Provides support services to children and families needing foster care and adoption services.

Persons Served: All residents **Area Served:** Plumas and Lassen Counties, Reno Nevada

ANIMAL SERVICES

Animal Control

Phone: 530.283.3673 Website: <u>http://www.countyofplumas.com/index.aspx?nid=524</u> Email: pcac@countyofplumas.com Mailing Address: 201 N. Mill Creek Rd., Quincy, CA 95971 Street Address: Same Days/Hours: Monday, Wednesday, & Friday, 8:00 a.m. to 5:00 p.m.

High Sierra Animal Rescue Phone: 530.832.4727 Fax: 530.832.5973 Email: info@highsierraanimalrescue.org Mailing Address: PO Box 548, Portola, CA 96122 Web Site: www.highsierraanimalrescue.org

Street Address: 103 Meadowridge Lane, Portola, CA 96122 **Days/Hours:** Monday through Saturday 10:00 a.m. to 4:00 p.m.

Services: Pet Adoptions and Boarding Kennels.

Indian Creek Veterinary Clinic

Phone: 530.284.6187
Mailing Address: P.O. Box 159, Crescent Mills, CA 95934
Street Address: 258 Old Arlington Rd., Crescent Mills, CA 95934
Days/Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.; Saturdays, 9:00 a.m. to 12:00 p.m., emergency when available.

Services: Veterinary medicine and surgery; boarding and grooming; care for large and small animals and birds.

Plumas County Animal Shelter

Phone: 530.283.3673
Web site: www.plumasanimalservices.com
Email: pcac@countyofplumas.com
Mailing Address: 201 N. Mill Creek Road, Quincy, CA 95971
Street Address: Same
Days/Hours: Monday and Friday 8:00 a.m. to 5:00 p.m., Wednesday 10:00 a.m. to 7:00 p.m., Closed for lunch 1:00 p.m. to 2:00 p.m. all three days. Not open on Saturdays or holidays.

Services: Animal rescue and adoptions.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Fees charged for some services

Plumas Veterinary Service

Phone: 530.832.4485
Mailing Address: 81010 Hwy. 70, Beckwourth, CA 96129
Street Address: Same
Days/Hours: Monday, Tuesday, Thursday and Friday 9:00 a.m. to 5:30 p.m. Closed Wednesdays and weekends.

Services: General practice for companion and food animals; dog grooming available.

Persons Served: All residents **Area Served:** Plumas County

Fees: Fees charged for some services

Sierra Adventures Pet Sitting

Phone: 775.229.3140 Website: www.rover.com/sit/SierraAdventures Email: mimithegolfgal@gmail.com Contact: Mimi Garner

Services: Pet sitting services. Your home or mine. Playing golf, I can sit at your rental or RV. Dog walking, daycare and check-on pet services and overnight stays. Located in Graeagle. Seniors call me for discount or special rates. Can oversee your pet and home while you are incapacitated. Offer free services for at risk seniors. Here to please. No request will go unanswered. Go to www.Rover.com/sit/SierraAdventures and enter code SIERRAADVENTURES20 for \$20 off your first booking.

CHAMBER OF COMMERCE

Chester / Lake Almanor Chamber of Commerce

Phone: 530.258.2426 or 1.800.350.4838
E-mail: info@lakealmanorarea.com
Web site: www.lakealmanorarea.com
Mailing Address: P.O. Box 1198, Chester, CA 96020
Street Address: 328 #6 Main St., Chester, CA 96020
Days/Hours: Monday through Friday, 12:30 p.m. to 4:00 p.m.

Services: The Chamber promotes and distributes information about the Lake Almanor Basin to area residents and visitors to our community.

Persons Served: All residents **Area Served:** Chester/Lake Almanor **Fees:** Membership available for fee

Eastern Plumas Chamber of Commerce

Phone: 530.836.6811
E-mail: epcc@psln.com
Website: www.easternplumaschamber.com
Mailing Address: P.O. Box 1043, Graeagle, CA 96103
Street Address: 8989 Highway 89, Suite 3 in the Barn Complex in Blairsden
Days/Hours: Open Monday through Friday with the hours Winter: 10:00 a.m. to 4:00
p.m., From Memorial Day Weekend to Labor Day: Monday through Friday, 10:00a.m. to 4:00
p.m., Saturday 10:00p.m. to 2:00p.m.

Services: Serves the local businesses of Eastern Plumas County, community and visitors by organizing community events and providing visitor information.

Persons Served: All residents and visitors **Area Served:** Eastern Plumas County **Fees:** Membership available for fee

Indian Valley Chamber of Commerce

Phone: 530.284.6633
E-mail: indianvalleychamber@frontiernet.net
Web site: www.indianvalley.net
Mailing Address: P.O. Box 516, Greenville, CA 95947
Street Address: 408 Main St., Greenville, CA 95947
Days/Hours: Monday through Friday 10:00 a.m. to 5:00 p.m. Labor Day through Memorial Day - Tuesday through Saturday 10:00 a.m. to 5:00 p.m.

Services: A non-profit organization whose function is to promote businesses and tourism as well as promote events, activities, and interest for the betterment of the community. Business and Organization Members are listed on our website.

Persons Served: All residents Area Served: Indian Valley Fees: Business/Organization membership \$40/year, Community Member \$25/year.

Quincy Chamber of Commerce

Phone: 530.283.0188
E-mail: office@quincychamber.com
Website: www.quincychamber.com
Mailing Address: PO Box 215, Quincy, CA 95971
Street Address: 312 W. Main St., Quincy, CA 95971
Days/Hours: Monday, Wednesday and Friday 1:00 to 5:00pm

Services: The Quincy Chamber of Commerce is a non-profit organization providing a comprehensive array of business services and fostering the enhancement of quality of life throughout our community. Assisting businesses, organizations and the community by providing membership services to promote and encourage economic growth and tourism along with membership development, relocation and historic preservation.

Persons Served: All residents, businesses, organizations, and the community as a whole. **Area Served:** Quincy, Meadow Valley, Bucks Lake, and Cromberg. **Fees:** Membership available for fee

CHILD CARE & PRESCHOOLS

Portola Kids

Phone: 530.832.5678 Mailing Address: 420 N. Pine St., Portola, CA 96122 Street Address: Same Website: www.portolakids.com Days/Hours: Monday through Friday, 7:30 a.m. to 6:00 p.m. Contact: Lucy Kreth

Services: Portola Kids is a year-round combination educational/recreational Child Care Center. We provide programs for children from birth through 17 years of age. We have an infant, toddler, preschool, after-kindergarten, and after-school programs. We hire teachers with a genuine love for children and teaching. We strive to provide the best possible education and child care option for our students and their families.

Persons Served: All residents Area Served: Plumas County Fees: Fees charged

Chester State Preschool

Phone: 530.258.1394 ext. 1251 Street Address: 158 Aspen St., Chester, CA 96020 Contact: Karen Hoffee Persons Served: All Residents Area Served: Plumas County Fees: No charge/Families must be income eligible

Feather River Community College--Child Care Center

Phone: 530.283.0521 or 530.283.0202
Mailing Address: P.O. Box 11110, Quincy, CA 95971
Street Address: 570 Golden Eagle Drive, Quincy, CA 95971
Days/Hours: Monday through Friday, 7:45 a.m. to 5:15 p.m.
Contact: T.B.A.

Services: Provides a day care and preschool program to children from 2 years to 5 years whose parent or guardian is enrolled in at least 6 units at Feather River College, the Chico State University ITFS program, the GED program, or parents who are students in a Plumas Unified School District education program. Also eligible are children referred by county social services to prevent their abuse or neglect. There is a parent participation and education component through the family concepts course.

Persons Served: Eligible children and families as described above. **Area Served:** Plumas County Fees: Sliding Scale

Quincy Head Start

Phone: 530.283.1242
Web site: www.headstart4u.org
Mailing Address: 424 North Mill Creek Rd., Quincy, CA 95971
Street Address: Same
Days/Hours: September through May; Monday - Friday; 7:45 a.m. until 2:15 p.m.
Contact: Cindy Hogg

Services: The Head Start program offers a preschool experience for three and four year old children with a focus on family involvement. Home based Head Start programs in Portola and Greenville offer in-home education activities to the parent and child, which support the philosophy that the parent is the most important influence in the education of their child. All children enrolled in both models of service delivery receive comprehensive medical/dental screening and follow-ups.

Persons Served: Children ages 3 to 5 **Area Served:** Quincy **Fees:** None

Portola Head Start



Phone: 530.832.1029 Web site: www.headstart4u.org Mailing Address: 895 West Street #25 (C Roy Carmichael School) Portola, CA 96122 Street Address: Same

Services: Comprehensive pre-school with 2 full day classrooms; 7:45am to 2:15pm. The Head Start program offers a preschool experience for three and four year old children with a focus on family involvement. Home based Head Start programs in Portola and Greenville offer in-home education activities to the parent and child, which support the philosophy that the parent is the most important influence in the education of their child. All children enrolled in both models of service delivery receive comprehensive medical/dental screening and follow-ups.

Persons Served: Children ages 3 to 5 **Area Served:** Portola **Fees:** None

Mountain Methodist Children's Center

Phone: 530.258.2343
Mailing Address: P.O. Box 398, Chester, CA 96020
Street Address: 386 Main St., Chester, CA 96020
Days/Hours: Monday through Friday 7:00 a.m. to 6:00 p.m.
Contact: Teri Stegall

Services: Mountain Methodist Children's Center is a private, non-profit preschool and daycare center serving families with children age 18 months through 12 years old. We offer social and learning activities in a safe and loving environment. We accept private payment and subsidized childcare. Scholarships are sometimes available.

Persons Served: Children 18 months through 12 years **Area Served:** Chester/Lake Almanor **Fees:** Private Pay/subsidized child care

Plumas Rural Services, Child Care Resource and Referral

Phone: 530.283.4453 ext. 24 or 1.800.284.3340
Web site: www.plumasruralservices.org
Email: ccrr@plumasruralservices.org
Mailing Address: 586 Jackson St., Quincy, CA 95971
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.
Contact: Debbie Guy

Services: Information is available on family child care and preschools throughout the county. Parents can call for free child care referrals. Licensing information and assistance is offered to people who would like to provide child care, and ongoing support is offered to child care providers. Low to moderate income families may qualify for free or reduced child care in a setting of their choice. Child care payments are also made for families at risk of abuse and neglect regardless of income. A free toy lending and resource library is available to residents of Plumas County.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None for most services; sliding fees for subsidized child care payments.

Portola Preschool Cooperative

Phone: 530.832.4401
Mailing Address: P.O. Box 1096, Portola, CA 96122
Street Address: 396 2nd Ave., Portola, CA 96122
Days/Hours: Tuesday through Friday, 9:30 a.m. to 12:00 noon
Contact: Rachael Brubaker

Services: Offers children socialization activities, cognitive activities, physical and emotional development. Two day a week programs for children ages 2.9 to 5 years of age.

Persons Served: Children **Area Served:** Portola **Fees:** Fees charged

Quincy Special Day Preschool

Phone: 530.283.6557 ext.5301 Mailing Address: 175 N. Mill Creek Rd., Quincy, CA 95971 Street Address: Same

Services: The Early Start Program is California's response to federal legislation ensuring that early intervention services to infants and toddlers with disabilities and their families are provided in a coordinated, family-centered manner. The Early Start Program is a multi-agency effort by the Department of Developmental Services and the California Department of Education that encourages partnerships between families and professionals, family support, and coordination of services. Qualifying children include those who have a significant delay in at least one area of development, have a condition with a known probability of causing a disability or delay, or are at high risk of having a developmental disability. Summer time telephone number is 530.283.6500 ext. 218.

Persons Served: Children birth to 3 years of age **Area Served:** Plumas County **Fees:** Free with child's qualification

CHILDREN/YOUTH ORGANIZATIONS

American Valley 4-H Club

Phone: 530.283.1443 Mailing Address: P.O. Box 194, Quincy, CA 95971 Advisor: Margie Day

Services: Meets on 2nd Wednesday of the month @ 6:00 p.m. at the Mineral Building – Plumas County Fairgrounds, Quincy.

Brief Interventions for Substance Using Adolescents

Phone: 530-283-6118
Mailing/Physical Address: 270 County Hospital Rd., Suite 206, Quincy, CA 95971
E-mail: MeaganMiller@countyofplumas.com
Contact: Meagan Miller

Services: The intervention is a counseling type intervention, generally consisting of 2-3 sessions per individual. This service is provided to help youth stop misusing alcohol and/or other harmful drugs. During the intervention sessions the youth will gain skills and resources to assist in coping with life's pressures during critical stages, which have the potential to otherwise lead to negative choices. The Alcohol and Other Drug Services Coordinator will work with the youth to design specialized behavior change goals, and further educate the youth regarding the use/abuse of alcohol and other drugs and its effects.

Dramaworks

Phone: 530.283.1956 Web site: www.dramaworks.us Email: dramaworks@earthlink.net Mailing Address: P.O. Box 1686, Quincy, CA 95971 Street Address: 14 Crescent St., Quincy, CA 95971 Contact: Edi O'Connor

Services: Magic Bean Stock Players is a program for children from $3^{rd} - 9^{th}$ grade. It is a theater production class teaching acting and production techniques. Sierra West End Educational Theater (S.W.E.E.T.) is a program for student's $9^{th} - 12^{th}$ grade. This is a peer-peer educational program teaching subjects such as healthy relationships, STDs, HIV/AIDS, family planning and domestic violence.

Friday Night Live/ Club Live

Phone: 530-283-6118 Mailing/Physical Address: 270 County Hospital Rd., Suite 206, Quincy, CA 95971 E-mail: MeaganMiller@countyofplumas.com

Contact: Meagan Miller

Services: Friday Night Live is a youth development program, where youth work to make our communities healthier and happier places to live. It is open to youth in 7th-12th grade in all communities. Meetings take place in Chester, Greenville, Portola and Quincy. The standards of practice followed include: A Safe Environment, Opportunities for Community Engagement, Opportunities for Leadership and Advocacy, Opportunities to Build Caring and Meaningful Relationships with Peers and Adults and Opportunities to Engage in Interesting and Relevant Skill Building Activities.

Sierra Valley 4-H Club

Phone: 530. 993-1170 Mailing Address: P.O. Box 196, Chilcoot, CA 96105 Advisor: Donna Matlock

University of California Cooperative Extension 4-H, Plumas-Sierra County

Phone: 530.283.6173 Web site: http://ucce-plumas-sierra.ucdavis.edu/Youth%5FDevelopment/ Mailing Address: 208 Fairgrounds Rd., Quincy, CA 95971 Street Address: Same Contact: Lucia Biunno

Services: 4-H is a program for children ages 5-19 to develop leadership, citizenship and lifeskills. They raise animals, do projects and speak about them. They participate in 4-H meetings and events including State 4-H youth gatherings, fairs, and shows, as well as county 4-H events. There is also a weeklong 4-H camp during the summer at Bucks Lake.

CLUBS/ORGANIZATIONS

Almanor Fishing Association

Phone: 530-259-5899
Web site: www.almanorfishingassociation.com
Email: mailto:almanorfishing@sbcglobal.net
Contact: Rich Ingler
Mailing Address: P.O. Box 1938, Lake Almanor, CA 96137

To enhance the fishery at Lake Almanor. Habitat Construction for Trout and Bass Cage Culture Project – Raise and release 50,000 Trout annually. Educate the public on Fishing and our Environment. Educate the public on catch and release for Bass and Trout.

American Valley Toastmaster

Phone: 530.283.7618
Mailing Address: Plumas National Forest 159 Lawrence St. Quincy, CA 95971
Physical Address: Same
Contact: Kathy Powers

Services: Toastmasters International is the leading movement devoted to making effective oral communications a worldwide reality. This organization helps people learn the art of speaking, listening, & thinking, all vital skills that promote self-actualization, enhance leadership potential, foster human understanding & contribute to the betterment of mankind.

Calpine Elks Lodge

Phone: 530.832.5785 or 832-4760 **Mailing Address:** P.O. Box 1466, Graeagle, CA 96103 **Physical Address:** 71292 Hwy 70 Portola, CA 96122 **Website:** www.elks.org **Persons Served:** All residents **Area Served:** Plumas County **Fees:** None

Cattlewomen's Assoc.

Phone: 530.993-1367 Mailing Address: PO Box 36, Calpine, CA 96124 Contact: Pam Payen

Services: Women of ranches or ranch background whose interest is to promote & educate about the beef industry. Several scholarships are given to qualifying Plumas-Sierra students.

Chester Rotary Club

Phone: 530. 258.2516
Web site: www.chamberorganizer.com/chester-lakealmanor/mem_ChesterRotary
Mailing Address: P.O. Box 1782, Chester, CA 96020
Days/Hours: Thursday morning, 7:00 a.m. at the Pizza Factory, 197 Main Street, Chester, CA

Services: Promotes and provides services to the community, nation, and world.

Persons Served: All residents **Area Served:** Chester, International **Fees:** Vary

Eastern Plumas Health Care Auxiliary

Phone: 530.832.5967Web site: www.ephcauxiliary.orgMailing Address: 116 Commercial St., Portola, CA 96122Street Address: Same

Services: Members of the Eastern Plumas district hospital Auxiliary are dedicated to helping patients at the hospital & to helping the hospital purchase equipment, help with personal time donations, & host the holiday gift bags for the Home Health clients. Meetings are held on the 2^{nd} Wednesday of the month.

Graeagle Fire District

Phone: 530.836-1340 Contact: Chief Ed Ward Email: gfpd@psln.com

Graeagle Women's Golf Association

Phone: 530.836.1485Mailing Address: Graeagle Meadows Golf Course, Hwy. 89, Graeagle, CA 96103Contact: Cathy Churchill

Services: Organized in 1968, the group meets on Thursdays at the Graeagle golf course for 18 holes of golf.

Hispanic Outreach

Phone: 530.283.4093 Email: clopez@plumasruralservices.org Web site: www.plumasruralservices.org Mailing Address: 304 Lawrence St., Quincy, CA Street Address: Same Contact: Carmen Lopez

Services: The Hispanic outreach offers nutrition classes & general counseling.

Lake Almanor Elks Lodge

Phone: 530.258.3557 Mailing Address: P.O. Box 1329, Chester, CA 96020 Street Address: 164 Main St., Chester, CA 96020 Days/Hours: Meetings 1st and 3rd Tuesdays, 8:00 p.m.

Persons Served: All Residents **Area Served:** Plumas County **Fees:** None

Old Town Merchants Association

Phone: 530.832.5714 **Mailing Address:** 53 Commercial St., Portola, CA 96122 **Street Address:** Same

Services: This group organizes & plans activities and events for the Portola community.

Plumas Audubon Society

Phone: 530.283.0455 Website: www.plumasaudubon.org

Mailing Address: P.O. Box 3877, Quincy, CA 95971 Contact: David Arsenault/President **Services:** The mission of the Plumas Audubon Society is "To promote understanding, appreciation, and protection of the biodiversity of the Feather River region through education, research, and the restoration and conservation of natural ecosystems." Plumas Audubon holds public meetings throughout the year in Plumas County with invited speakers whom discuss a range of topics of interest to Audubon members. Plumas Audubon also organizes outings and events, facilitates environmental education for youth and other public outreach and education, conducts bird research and surveys, implements conservation projects, and provides a wide range of environmental resources to private landowners, public agencies, teachers, and other organizations and professionals.

Plumas County Republican Women Federated

Phone: 530.836.1547 Mailing Address: P.O. Box 1822, Graeagle, CA 96103 Email: cooknelson@digitalpath.net Contact: Marlene Nelson

Plumas Eureka Preservation Society

Phone: 530.836. 4119 Mailing Address: 49 Meadow Lane, Blairsden, CA 96103

Services: Open to all property owners in the Plumas Eureka Estates & Eureka Springs area. Their dedication is to preserve & enhance our physical environment & the beauty of the community this includes various landscaping & grooming projects.

Portola Rotary Club

Phone: 530.249.2375
Contact: Gloria LaPlant
Email: glolaplant@yahoo.com
Web Site: www.RotaryClubofPortola.com
Mailing Address: P.O. Box 1121, Portola, CA 96122
390 California Street – Rotary Hall
Days/Hours: Tuesday mornings 7:00 a.m. at Rotary Hall on California Street

Services: A service organization that provides improvements to the local community & has a scholarship program. They are also involved with a Youth Foreign Exchange group & business Exchange Groups.

Quincy Elks Lodge

Phone: 530.283.1680
Mailing Address: P.O. Box 1177, Quincy, CA 95971
Street Address: 317 First St., Quincy, CA 95971
Days/Hours: Meetings 2nd and 4th Wednesday, 7:00 p.m.

Persons Served: All residents

Area Served: Quincy Fees: None

Quincy Rotary Club

Phone: 530.283.5514
Web Site: http://www.rotary-district5190.org/rotaryquincy%2Dca/
Mailing Address: P.O. Box 1717, Quincy, CA 95971
Days/Hours: Mondays at 12:00 p.m. at the Plumas Sierra Fairgrounds, Mineral Building, Quincy, CA

Services: Promotes and provides services to the community, nation, and world.

Persons Served: All residents **Area Served:** Quincy, International **Fees:** Vary

Soroptimist International of Portola

Phone: 530.832.5577
Mailing Address: P.O. Box 919, Portola, CA 96122
Street Address: 40 Commercial St., Portola, CA 96122
Days/Hours: 1st & 3rd Wednesday of the month, at 12:00 p.m. Meetings are held at the Portola Family Resource Center on 40 Commercial Street in Portola.
Contact: Cindy Woods

Services: A service organization that provides networking for professional women, service projects that help the community with a focus on women's needs & the advancement of the status of women throughout the world & scholarships for working women & graduating seniors.

Veterans of Foreign Wars Post #3825, Quincy Chapter

Phone: 530.283.5259 **Contact:** Marty Byrne, Commander

Services: Providing education & participation in community activities. Providing support and resource information to veterans and their families. Membership can be obtained with verified service in a foreign war zone.

Veterans of Foreign Wars Post #3758

Phone: 530.832.4300 Mailing Address: P.O. Box 892, Portola, CA 96122 Contact: Troy Biggs, Commander Services: This organization is involved in community services throughout Plumas County.

Women's Mountain Passages

Phone: 530.283.0859
Email: info@womensmountainpassages.org
Website: www.womensmountainpassages.org
Physical Address: 355 Main Street, Quincy CA
Mailing Address: P.O. Box 798, Quincy, CA 95971

Services: Women's Mountain Passages works with women and youth to connect with their strengths so they may improve their lives and facilitate social changes in their communities through leadership development, advocacy, youth programs and support networks. Programming includes:

Girl's Rite, an outdoor based program for girls ages 11 to 17, with an emphasis on communication, leadership and service.

Wild Wednesdays, a weekly afterschool program at the Quincy Library for 3rd through 6th grade students which addresses violence prevention and communications skills through physical, cognitive, and creative activities.

Meeting of the Moms Playgroup, a parent education and wellness group for children under five and their families.

COMMUNITY DEVELOPMENT

Community Connections, Plumas Rural Services

Phone: 530.283.3611 ext. 18
Contact: Leslie Wall
E-mail: communityconnections@plumasruralservices.org
Website: www.plumasruralservices.org
Mailing Address: 586 Jackson Street, Quincy, CA 95971
Street Address: Same
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

Services: Community Connections is a time bank of volunteer members. Members provide a wide-range of services and activities with other members in exchange for time credits. One hour of service equals one time credit.

Persons Served: All residents, all ages **Area Served:** Plumas County

Plumas Corporation

Phone: 530.283.3739
E-mail: jim@plumascorporation.org
Website: www.plumascorporation.org
Mailing Address: P.O. Box 3880, Quincy, CA 95971
Street Address: 47 Trilogy Lane., Quincy, CA 95971
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.; after hours by appointment

Services: Business assistance provides aid in the areas of business plans; government relations & permitting; marketing plans; job training programs; financing (both public & private sources); business facilities/site locations; and provides demographic information of interest to business & industry; provides tourism promotion for Plumas County; stream restoration; also provides community and home wildfire safety.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas County Building & Planning Services

Phone: 530.283.7011 Mailing Address: 555 Main St., Quincy, CA 95971 Contact: Planning Director: Randy Wilson

Plumas County Engineering Department

Phone: 530.283. 6209 Mailing Address: 555 Main St., Quincy, CA 95971 Contact: Cinda Leonard

Plumas County Facility Services

Phone: 530.283.6299Mailing Address: 198 Andy's way, Quincy, CA 95971Contact: Kevin Correira

Plumas County Road Department

Phone: 530.283.6268 Mailing Address: 1834 East Main St., Quincy, CA 95974 Contact: Bob Perreault

Sierra Adventures Regional Visitor Center

Phone: 775-229-3140 or 480-684-3318 E-mail: SierraAdventuresNews@gmail.com Website: www.SierraAdventures.com Mailing Address: 5 Aspen Circle, Graeagle, CA 96103

Street Address: 5 Aspen Circle, Graeagle Station Center

Days/Hours: Open 7 days a week. 11 am to 5:30 pm/dusk.

Services: Serves the local businesses of all Plumas County, community and visitors by organizing community events and providing visitor information covering a eight county region plus assist small businesses in press releases, marketing, media, social media, startups.

Persons Served: All residents and visitors.

Area Served: Plumas County plus seven other counties in CA and NV east of the Sierra Nevada divide.

Fees: Membership available for low annual fee.

CRISIS SERVICES

American Red Cross – Yuba City, CA

Contacts: Exec. Director Michelle LaPierre-Bell

Phone: 530.673.1460

Services: The American Red Cross has two volunteer groups in Plumas County. There is one in the Lake Almanor/Chester area and the second is in Quincy. They are trained to provide disaster services for single family and multiple family home fires and floods, as well as, earthquake damage to homes. There are county-wide shelters that can be staffed and supplied in case of community disasters, forest fires, etc... The shelters are initiated by Plumas County Emergency Services Director.

Community Assistance Network (C.A.N.)

Phone: 530.283.0262
Mailing Address: P.O. Box 1796, Quincy, CA 95971
Street Address: 176 Lawrence St., Quincy, Ca 95971
Days/Hours: Monday, Wednesday, and Friday 10:00 a.m. to 12:00 p.m. Tuesday and Thursday 2:00 p.m. to 4:00 p.m.; Closed holidays.

Services: Emergency food services available; with referrals 3 days supply of food; without referral 1 day supply of food. Eligibility limited to 10 referrals a year and 2 referrals a month.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Eastern Plumas County Assistance Network Food Bank (E.P.C.A.N.)

Phone: 530.832.4570 Mailing Address: 120 Nevada St., Portola, CA 96122 Street Address: 120 Nevada St., Portola, CA 96122 Days/Hours: Mon & Wed 9:30 to 11:30. Tue & Thur. 12:30 to 2:30. Closed Fridays.

Services: Our intent is to provide emergency food and referrals to those in emergency situations. A 3-day food supply is given. Clients are limited to one referral a month unless we are notified of extenuating circumstances.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas County Victim/Witness Assistance Program

Phone: 530.283.6285
E-mail: victimwitness@countyofplumas.com
Mailing Address: 1400 E. Main St., Quincy, CA 95971
Street Address: 1400 E. Main Street, Quincy, CA 95971
Days/Hours: Monday through Thursday 8:00 a.m. to 4:00p.m.

Services: Provides assistance to victims/witnesses of crime by meeting their immediate needs thereby reducing the amount of trauma they experience as a victim/witness of crime. Services include: crisis intervention, direct emergency assistance, follow-up counseling, orientation to the criminal justice system, court assistance/support, public presentation & awareness, and assistance with filing a state victim of crime compensation claim, as well as temporary restraining order (TRO) assistance. Also provided are the assistance in arranging child care and transportation while appearing in court, emergency food/shelter through contracted county agencies, restitution information & victim impact statements, and assistance for the deceased victim's family with any necessary funeral arrangements. The Victim/Witness Assistance Program specializes in support services to victims/witnesses of sexual assault, domestic violence, and crimes against children.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas Crisis Intervention Resource Center

Phone: 530.283.5515 (office) 530.283.4333 (24 Hour Crisis Line) Toll Free 24 Hour Crisis Line 1.877.332.2754
E-mail: pcirc@pcirc.com
Website: www.pcirc.com
Mailing Address: 591 Main St., Quincy, CA 95971
Street Address: Same
Days/Hours: Crisis Line 7 days a week, 24 hours per day

Services: 24 hour crisis intervention with immediate response; suicide prevention and support; special advocacy for rape and battery victims; transitional emergency housing programs; one time rent program; referral to other agencies.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas Rural Services – Domestic Violence Services

Phone: 530-283-5675 or 1-888-504-5102
Website: www.plumasruralservices.org
Mailing Address: 711 E. Main Street, Quincy, CA 95971
Street Address: 711 E. Main Street, Quincy, CA 95971
Days/Hours: Monday-Friday 8:30 a.m. to 4:30 p.m. or call the Crisis Line at 1-877-332-275424 hours/7 days
Contact: Delicia Martinetti

Services: Safe, confidential assistance for anyone who is a victim of domestic violence. A confidential 'Safe House' is available for short-term housing. Assistance with restraining orders and referrals to appropriate support services.

Salvation Army -Portola

Phone: 530.832.1827 Mailing Address: P.O. Box 810, Portola, CA 96122 Street Address: 165 Ridge St., Portola, CA 96122 Days/Hours: Monday through Friday 9:00 am to 4:00 pm Contact: Charla Rush

Services: Emergency food and vouchers.

Persons Served: All residents **Area Served:** Portola **Fees:** None

Sexual Assault Freedom and Education & Choice – S.A.F.E.

Phone: 530.283.5515 Web site: www.pcirc.com Street Address: 519 West Main St., Quincy, CA 95971

Services: Rape Crisis Center for Plumas County. Sexual assault prevention education in the school (K-12), and provided to businesses and other organizations. Sexual assault counseling to victims (male and female) provided. Advocacy, court accompaniment, information and referrals are available. Peer counseling on issues of violence (male and female) provided. There is also an extensive library available and support groups for women and men, covering life issues.

CULTURAL AND ENRICHMENT

Agricultural Commissioner

Phone: 530.283.6365 Mailing Address: 208 Fairground Rd., Quincy, CA 95971 Contact: Tim Gibson

Dawn Institute

Phone: 530.284.1055Mailing Address: P.O. Box 32, Crescent Mills, CA 95934Days/Hours: Call for appt. or informationContact: Terry Schwarts

Services: Model organic garden; wholesale produce; donations to worthy, communityminded causes. Horticulture Center building is available for small meetings at no charge. Dawn Apple Farm Center building and ground available for public and private use for workshops, classes, events, alternative gardening and emerge workshops. Open to other's ideas. Gene Haffen, Board President.

Persons Served: All residentsArea Served: Primarily, but not limited to, Plumas CountyFees: Dawn fees to be arranged (nominal fee according to type and length of event).

Western Pacific Railroad Museum/Feather River Rail Society

Phone: 530.832.4131 or 530.832.4737
Web site: www.wplives.org
Mailing Address: P.O. Box 608, Portola, CA 96122
Street Address: 700 Western Pacific Rd., Portola, CA 96122
Days/Hours: Monday through Sunday, 10:00 a.m. to 5:00 p.m. Open seasonally May through Labor Day Weekend.

Services: Railroad museum: equipment and artifacts on display.

Persons Served: All residents Area Served: Plumas County Fees: None

Plumas Arts

Phone: 530.283.3402 E-mail: info@plumasarts.org Website: www.plumasarts.com Mailing Address: P.O. Box 600, Quincy, CA 95971 Street Address: 525 Main St., Quincy, CA 95971 Days/Hours: Wednesday – Friday 11:00 a.m. to 5:00 p.m. Saturday 11a.m. to 3p.m.

Services: Technical services to artists, quarterly newsletter, Plumas County Arts & Events Calendar, events "clearing house" for events planning, Artists In The Schools Program, Plumas Arts Gallery featuring the work of regional artists, management of Quincy's Town Hall Theatre, monthly Words & Music in three county locations, producers of the annual Almanor Art Show, Mountain Harvest Festival and Taste of Plumas, as well as world class performing arts presentations.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Annual Memberships available in categories of \$15 and up

Plumas County Library - Quincy

Phone: 530.283.6310
Web site: www.plumaslibrary.org
Street Address: 445 W. Jackson St., Quincy, CA 95971
Days/Hours: Monday, 12:00p.m.to 6:00p.m. Tuesday, Wednesday, and Thursday 10:30a.m. to 5:30p.m. Friday and Saturday 11:00a.m. to 3:00p.m.

Services: Circulates books, magazines, newspapers, audio cassettes, records, video cassettes; reference collections and service; children's services including weekly story hours; inter-library loan and reference; meeting rooms. **branch libraries in each community**

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas County Library Satellite Offices:

Chester Branch Library

Phone: 530.258.2742
Street Address: 210 1st Ave., Chester, CA 96020
Days/Hours:
Summer Hours (April – November): Monday, Tuesday, Wednesday 10:00a.m. to 1:00p.m. and 1:30pm to 5:30pm. Thursday, 12:00 p.m. to 5:00 p.m. and 5:30p.m. to 7:30p.m.
Winter Hours (December – March): Mon-Thurs. 10:00-5:30, closed 1:00-1:30 for lunch

Greenville Branch Library

Phone: 530.284.7416 Street Address: 204 Ann St., Greenville, CA 95947 **Days/Hours:** Monday through Thursday, 10:00a.m. to 1:00p.m. and 1:30p.m. to 5:30p.m. Closed Friday, Saturday, and Sunday.

Portola Branch Library

Phone: 530.832.4241
Mailing Address: P.O. Box 1178, Portola, CA 96122
Street Address: 34 Third Ave., Portola, CA 96122
Days/Hours: Monday, Tuesday & Wednesday, 10:00a.m. to 1:00p.m. and 2:00p.m. to 6:00p.m. Thursday, 12:00p.m. to 4:00p.m. and 5:00p.m. to 7:00p.m.
Persons Served: All residents
Area Served: Plumas and Sierra Counties
Fees: None

Plumas County Museum

Phone: 530.283.6320
E-mail: pcmuseum@psln.com
Website: www.plumasmuseum.org
Mailing Address: 500 Jackson St., Quincy, CA 95971
Street Address: Same
Days/Hours: Tuesday - Saturday 10:00 a.m. to 4:00 p.m. As of May 4, 2014, we are now open on Sundays from 10:00 a.m. to 3:00 p.m. (call to confirm). Closed Monday and holidays.
Contact: Scott Lawson

Services: Cultural resources.

Persons Served: Local visitors from around the world.Area Served: Plumas CountyFees: Donations accepted; Adults \$1.00, Under 17 \$.50, Children Free, Museum Association Members Free

Plumas-Sierra County Fairgrounds

Phone: 530.283.6272
E-mail: fairmanager@plumas-sierracountyfair.net
Website: www.plumas-sierracountyfair.net/
Mailing Address: P.O. Box 957, Quincy, CA 95971
Street Address: 204 Fairgrounds Rd., Quincy, CA 95971
Days/Hours: Monday through Friday 8:00 a.m. to 5:00 p.m.

Services: Building and grounds rental for interim events, i.e. weddings, receptions, meetings, banquets, etc.; storage facilities for boats, R.V.'s, autos, etc.; adjacent campgrounds with no electrical hook-ups; the production of the Plumas County Fair; Vocational/Educational Fair and the Fall/Winter Fair.

Persons: Served: All residents **Area Served:** Plumas County **Fees:** Fees charged

Plumas Eureka State Park Association

Phone: 530.836.2380
Web site: www.plumas-eureka.org
Mailing Address: 310 Johnsville Rd., Blairsden, CA 96103
Street Address: Same
Days/Hours: Memorial Day weekend through Labor Day weekend, 7 days a week, 9:00
a.m. until 4:00 p.m.

Services: The state park for camping facilities, campfire programs, hikes, tours, and fishing; the museum offers educational tours and display and pertinent books for sale; living history provided on the last Sunday of the month in June, July, and August; people may join the organization and volunteer their service.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Ages 6-12 years \$1.00 entry fee, 13 years and over \$2.00 entry fee

Plumas County Environmental Health

Phone: 530.283.6355 Mailing Address: 270 County Hospital Rd., Suite 127, Quincy, CA 95971 Physical Address: 270 County Hospital Rd., Suite 127, Quincy, CA 95971 Contact: Jerry Sipe

EDUCATION

ELEMENTARY AND HIGH SCHOOLS

Plumas Charter School

Phone: 530.283.3851
Web site: www.plumascharterschool.org
Mailing Address: 175 N. Mill Creek Rd, Quincy, CA 95971
Street Address: 175 N. Mill Creek Rd, Quincy, CA 95971

Persons Served: All residents **Area Served:** Plumas County

Plumas Christian School

Phone: 530.283.0415

Web site: www.plumaschristian.org Email: plumaschristianpilots@gmail.com Mailing Address: 49 S. Lindan Ave., Quincy, CA 95971 Street Address: 49 S. Lindan Ave., Quincy, CA 95971 Days/Hours: Monday through Friday, 8:00 a.m. to 4:30 p.m.

Services: Plumas Christian School is a private interdenominational Christian school offering quality education, high academic standards, and character development from a uniquely Christian perspective. The school strives to provide an atmosphere conducive to enabling children to maximize their God given potential. Admission is based upon an admissions test, prior academic behavior difference and parent interview.

Plumas Unified School District / Plumas County Office of Education

Phone: 530.283.6500
Web site: www.pcoe.K12.ca.us
Mailing Address: 1446 E. Main St. Quincy, CA 95971
Street Address: 1446 E. Main St. Quincy, CA 95971
Days/Hours: Monday through Friday, 8:00 a.m. to 4:30 p.m.

Services: Plumas Unified School District is a comprehensive, fully accredited, K-12 educational system, providing a full range of educational services including but not limited to the following: Adult remedial education: audio visual services; career centers; California High School Proficiency Examination; community use of school facilities; continuation education; Feather River College outreach classes; health services; home school K-12; home teaching; K-12 elementary school program/services; library services; nursing and health occupations; printing services; psychologists; services for speech and language; Quincy special day school (preschool); R.O.P. classes, including agriculture, business and office; home economists; trade and industrial arts; recreation services; 7 to 12 secondary school program/services; speaker's bureau; special education; summer school 1 to 12; vocational education and occupational training; work experience.

Plumas Unified School District Satellite Offices:

C. Roy Carmichael Elementary School - Portola

Phone: 530.832.0211 **Address:** 895 West St., Portola, CA 96122 **Mailing Address:** 895 West St., Portola, CA 96122

Chester Elementary School

Phone: 530.258.3194 Address: 158 Aspen St. Chester, CA 96020 Mailing Address: P.O. Box 826, Chester, CA 96020

Chester Jr. / Sr. High School

Phone: 530.258.2126 Mailing Address: P.O. Box 797 Street Address: 612 First St., Chester, CA 96020

Indian Valley Elementary School

Phone: 530.284.7195 Address: 225 Grand St., Greenville, CA 95947 Mailing Address: 225 Grand St., Greenville, CA 95947

Greenville Jr. / Sr. High School

Phone: 530.284.7197Address: 117 Grand St., Greenville, CA 95947Mailing Address: 117 Grand St., Greenville, CA 95947

Quincy Elementary School - Quincy

Phone: 530.283.6550 **Address:** 246 Alder St., Quincy, CA 95971

Portola Jr. / Sr. High School

Phone: 530.832.4284 Street Address: 155 Sixth Ave., Portola, CA 96122

Quincy Jr. / Sr. High School

Phone: 530.283.6510 **Mailing Address:** 6 Quincy Junction Road, Quincy, CA 95971

CONTINUATION SCHOOLS

CAL-LEARN

Phone: 530.283.6350
Web site: www.countyofplumas.com
Mailing Address: Dept. of Social Services, 270 County Hospital Rd., Ste. 207, Quincy, CA 95971
Street Address: Same
Contact: Alice Parlier

Services: Statewide program for helping pregnant and parenting teens complete high school, become independent and form healthy families.

AFTER SCHOOL PROGRAMS

C. Roy Carmichael Elementary School After School Program - Portola

Phone: 530.832.0211
Web site: www.pcoe.k12.ca.us
Mailing Address: 895 West St., Portola, CA 96122
Street Address: Same
Days/Hours: School year, Monday through Friday after school until 6:00 p.m.

Services: This is an after school day care program for all 1st through 6th graders.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Vary

Indian Valley After School Program (A.P.O.L.L.O.)

Phone: 530.284.7195 ext. 105
Mailing Address: 225 Grand Street, Greenville, CA 95947
Street Address: Same
Days/Hours: 2:40 p.m. until 6:00 p.m. school days only

Services: Provides one hour homework assistance, clubs & enrichment activities.

Persons Served: Kindergarten through 6th grade **Area Served:** Indian Valley **Fees:** \$25 per Year/per Child

Roundhouse Council

Phone: 530.284.6866
E-mail: roundhse@inreach.com
Mailing Address: P.O. Box 217, Greenville, CA 95947
Street Address: 330 Bush St., Greenville, CA 95947
Days/Hours: Monday through Thursday, 8:00 a.m. to 5:00 p.m.

Services: Tutoring for Native American children grades 1-12; summer school; cultural camp; learning readiness for pre-kindergarten and kindergarten on Tuesday's only 11:30a.m to 1:15p.m.

Persons Served: All residents **Area Served:** Indian Valley **Fees:** Sliding scale

COLLEGE

Feather River Community College

Phone: 530.283.0202 or 1.800.442.9799
Web site: www.frc.edu
Mailing Address: 570 Golden Eagle Ave., Quincy, CA 95971
Street Address: 570 Golden Eagle Ave., Quincy, CA 95971
Days/Hours: Monday through Friday office hours 8:00 a.m. to 5:00 p.m.; classes 8:00 a.m. to 10:00 p.m.

Services: Feather River College is an accredited two year community college offering AA/AS degrees, transfer programs, vocational training and certificate programs. Support services are available, including financial aid, child care, tutoring, basic skills classes, and personal & academic counseling. Job and career advisement, special re-entry assistance for adults returning to school and health services and education are also available. In addition, special services are available to disabled students through the college's Supported Education Services Program.

Persons Served: All high school graduates or any person 18 years of age or older. **Area Served:** Plumas and Sierra Counties, out of district. **Fees:** Fees charged

EDUCATION COMMITTEES

Community Advisory Committee for Special Education

Phone: 530.283.6557 x5318

Mailing Address: Plumas Unified School District, 1446 E. Main St., Quincy, CA 95971 Street Address: 175 N. Mill Creek Rd., Quincy, CA 95971

Services: The C.A.C. is a community organization made up of parents & teachers that advises the school board & district administration on services & programs related to special education.

University of California Cooperative Extension—Plumas-Sierra Counties

Phone: 530.283.6270
Web site: www.ucce-plumas-sierra.ucanr.edu
Mailing Address: 208 Fairground Rd., Quincy, CA 95971
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 12:00p.m. and 1:00p.m. to 5:00 p.m.
Contact: Amy Rasband

Services: Education/Applied Research: agriculture, natural resources & youth development.

Persons Served: All residents

Area Served: Plumas and Sierra Counties **Fees:** None with the exception of some publications

EMPLOYMENT

Alliance For Workforce Development—Business and Career Network

Phone: 530.283.1606
Web site: http://www.afwd.org
Mailing Address: P.O. Box 3750, Quincy, CA 95971
Street Address: 270 County Hospital Road, Suite 107, Quincy, CA 95971
Days/Hours: Monday through Friday, 9:00 a.m. to 4:00 p.m.

Services: A regional nonprofit that provides a comprehensive array of workforce development services and operates One-Stop Employment Centers in Chico, Oroville, Quincy, Susanville and Loyalton, and Alturas.

Persons Served: Eligible residents who have demonstrated a need for services as per Federal Regulations.

Area Served: Butte, Lassen, Modoc Plumas, and Sierra Counties Fees: None



FAMILY VIOLENCE PREVENTION/INTERVENTION

Plumas County Child Abuse Prevention Council

Phone: 530.283.5333

Mailing Address: P.O. Box 382, Quincy, CA 95971 Street Address: 446 Main St., Quincy, CA 95971

Services: The council has 19 members from agencies and the public committed to the prevention, intervention and treatment of child abuse in Plumas County. The council is an advisory group to the Board of Supervisors and administers the County Children Trust Fund. The council allocates funds to local agencies for projects that further the prevention of child abuse. The Children's Fair in May is sponsored by the council.

Plumas County Child Protective Services

Phone: 530.283.6350 or 1.800.242.3338Mailing Address: Department of Social Services, 270 County Hospital Rd., Ste. 207, Quincy, CA 95971Street Address: Same

Services: This program provides a range of services to families and their children at risk of abuse or neglect. These services include: emergency response assessments; foster care; reunification services and permanency services such as guardianship and long term foster care. The programs are designed to maintain child safety in the home.

Plumas County Department of Social Services – Child Welfare

Phone: 530.283.6350

Website: www.countyofplumas.com

Mailing Address: 270 County Hospital Rd., Ste. 207, Quincy, CA 95971 Street Address: 270 County Hospital Rd., Ste. 207, Quincy, CA 95971 Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: <u>Child Welfare Services:</u> Social service workers are available for prevention and intervention in the areas of child abuse & neglect; services are provided to avoid the need to remove a child from parents or caretakers. Primary services that are provided are counseling & referral to support agencies. <u>Juvenile Court Dependence Services:</u> Social workers are responsible for serving families & children who are in high risk of continued abuse; and/or services provided are under the authority of the Superior Court include: family maintenance, reunification and permanency planning. <u>Adult Protective Services:</u> defined: those activities and services to prevent or remedy danger to individuals 18 yrs or older who are unable to protect their own interests; harmed, threatened with harm, or caused physical or mental injury as a result of action or inaction; neglected or maltreated by others; lacking in food, shelter, or clothing; deprived of entitlement due them; exploited of their income or resources. <u>Services:</u> emergency responses referral to & assistance with obtaining help (housing, income, food, perform services necessary to remove problems. <u>Emergency Response</u>: Social service workers are on 24 hr call to respond to victims of child abuse or neglect. Services provided: crisis intervention, counseling, transportation, needs assessments and shelter care.

Persons Served: All residents **Area Served:** Plumas County

Fees: None

Plumas Rural Services, Child Abuse Treatment Program – C.H.A.T.

Phone: 530.283.3960 or 1.800.597.1116
Web site: www.plumasruralservices.org
Street Address: 711 E. Main Street, Quincy, CA 95971
Mailing Address: 711 E. Main Street, Quincy, CA 95971
Contact: Heather Caiazzo, Therapist

Services: No cost therapeutic counseling sessions with a licensed clinician available to child or teen victims of abuse, neglect, family, school, or domestic violence and Internet exploitation. Also mental health services, legal assistance and transportation are available.

Plumas Rural Services, Domestic Violence

Phone: 530.283.5675 or 1.888-504-5102
Website: www.plumasruralservices.org
Mailing Address: 711 E. Main Street, Quincy, CA 95971
Street Address: 711 E. Main Street, Quincy, CA 95971
Contact: Delicia Martinetti

Services: Safe, confidential shelter for domestic violence victims and their children; counseling, legal assistance, court accompaniment; advocacy and referrals to other agencies and assistance in obtaining restraining orders.

FINANCIAL ASSISTANCE

California Tribal TANF Partnership

Phone: 530.284.7757 Fax: 530.284.7759 Mobile: 530.258.6511 Email: dsoares@cttp.net Mailing Address: P.O. Box 624, Greenville, CA 95947 Street Address: 127 Crescent St., Unit 2, Greenville, CA 95947

Services: Provide assistance in the form of monthly financial grants to all eligible families referred from the State TANF Program and all eligible families who apply for assistance that reside within the designated service delivery areas.

To end dependence of needy parents by developing and promoting program services, assistance and activities that will support their efforts with job planning, work opportunities, personal growth, wellness, and to promote stable, healthy marriages and families. To prevent and reduce out-of-wedlock pregnancies by providing qualified counseling services, activities that provide positive peer influence and relevant information to the American Indian youth regarding teen pregnancy, healthy choices and personal responsibility.

To encourage the formation and maintenance of two-parent families by providing opportunities for parents to learn multiple skills that will assist them in developing and maintaining positive, healthy relationships, stable environments for their children, coping with demands of modern families, maintaining traditional values, parenting skills, and sponsoring activities that provide alternative drug-free recreational opportunities.

Persons Served: All native American Indian residents

Area Served: Plumas County Fees: None

Plumas County Community Development Commission and Housing

Authority

Phone: 530.283.2466
Web site: www.healthyplumas.org
Mailing Address: P.O. Box 319, Quincy, CA 95971
Street Address: 183 W. Main St., Quincy, CA 95971
Days/Hours: Monday through Thursday, 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 5:00 p.m.
Closed to the public on Fridays.

Services: The agency's programs include: rental assistance, public housing, weatherization, utility payments, water and sewer assistance, economic development, and community and historic site restoration.

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

Plumas County Department of Child Support Services

Phone: 530.283.6264 Website: www.countyofplumas.com Mailing Address: 522 Lawrence St., Quincy, CA 95971 Street Address: Same

Services: Promote responsible and self-sufficient families and the children's well being by working to ensure that children receive adequate and appropriate support from both parents. The services include: establishing paternity (fatherhood), locating non-custodial parents, and establishing, modifying & enforcing court orders to pay child support. Collecting and distributing child and spousal support and establishing and enforcing medical support (health insurance) are also provided. An outreach and education program, as well as an ombudsperson and complaint resolution process is provided as well.

Plumas County Department of Social Services – GAIN/IHSS

Phone: 530.283.6350
Website: www.countyofplumas.com/socialservices
Mailing Address: 270 County Hospital Rd., Ste. 207, Quincy, CA 95971
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Information and Referral: Social Services staff has the knowledge of sources within Plumas County as well as public and private organizations on a statewide level. The public can be referred to the appropriate organization if PCDSS is unable to provide. GAIN (Greater Avenues for Independence): to provide AFDC recipients with education job training, counseling and employment opportunities. Private industry and businesses throughout California are actively involved. The goal is to teach, train, counsel, and help individuals obtain employment. In Home Support Services: IHSS is a non-medical service to help frail elderly and other functionally impaired persons with limited resources to remain at home. IHSS pays workers to perform services for persons who are unable to perform these services and could not remain at home safely without them. IHSS includes household related chores (laundry, cooking, cleaning, shopping), paramedical services and protective supervision, personal care services (bathing, dressing, bowel and bladder care, feeding) and transportation to medical appointments. There are eligibility requirements for this program. Food Stamp Employment and Training Program: Eligible food stamp recipients in Plumas County are required to participate in the Food Stamp Employment and Training Program which provides labor services to non-profit and public organizations. These services are provided with no financial impact to the participating agency.

Persons Served: All residents, low income families, disabled and elderly (IHSS) **Area Served:** Plumas County **Fees:** None, sliding scale IHSS

Social Security Administration

Phone: 530.258.2032 or 1.800.772.1213
Website: www.ssa.gov
Mailing Address: 170 A Russell, Susanville, CA 96130
Street Address: Same
Days/Hours: Monday, Tuesday, Thursday and Friday, 9:00 a.m. to 4:00 p.m.

Services: This office administers the following benefit programs: Retirement, Disability, SSI or Supplemental Security Income (for the blind or aged), Medicare, and Survivor Benefits (for spouse and young children of the deceased wage earner).

Persons Served: All residents **Area Served:** Plumas County **Fees:** None

FIRE DEPARTMENTS

Office of Emergency Services

Phone: 530.283.6332
Mailing Address: 270 County Hospital Rd. Suite 127
Street Address: 270 County Hospital Rd. Suite 127
Days/Hours: Monday through Friday, 8:00 a.m. and 5:00 p.m.

Services: This office is a resource agency for natural and manmade disasters.

Persons Served: All residents **Area Served:** Plumas County

Beckwourth Fire Protection District

Phone: 530.832.1008 Mailing Address: 180 Main St., Beckwourth, CA 96129 Contact: Martin Schafer, Fire Chief

C. Roy Volunteer Fire Department

Phone: 530.836.0321 Mailing Address: P.O. Box 484, Blairsden, CA 96102 Contact: Jack Millet

Chester Fire Department

Phone: 530.258.3456
Email: chesterfire@digitalpath.net
Mailing Address: P.O. Box 177, Chester, CA 96020
Street Address: 251 Chester Airport Rd., Chester, CA 96020

Clear Creek Volunteer Fire Department

Phone: 530.256.3096Mailing Address: PO Box 833 Westwood, CA 96137Street Address: 666720 Spring Creek Drive, Clear Creek, CA 96137

Eastern Plumas Rural Fire Protection District

Phone: 530.832.5626Email: eprfpd@pslm.comMailing Address: 1441 Delleker Rd., Portola, CA 96122Street Address: Same

Graeagle Fire Protection District

Phone: 530.836.1340
Website: graeaglefire.org
Email: admin@graeaglefire.org
Mailing Address: P.O. Box 64, Graeagle, CA 96103
Street Address: 7620 Hwy. 89, Graeagle, CA 96103

Hamilton Branch Fire Department

Phone: 530.593.3458 Email: HBFD@thegrid.net Mailing Address: 3791 Big Springs Rd., Lake Almanor, CA 96137 Street Address: Same

Lake Almanor West Fire Department

Phone: 530.259.5112Email: westalmanorfd@citlink.netMailing Address: 947 Long Iron Drive, Chester, CA 96020Street Address: Same

Long Valley Volunteer Fire Department

 Phone:
 530.836.2550

 Mailing Address:
 P.O. Box 30226, Cromberg, CA 96103

 Street Address:
 5880 Hwy 70, Cromberg, CA 96103

Meadow Valley Volunteer Fire Department

Phone: 530.283.2620Mailing Address: P.O. Box 130, Meadow Valley, CA 95956Street Address: 6913 Bucks Lake Rd., Meadow Valley, CA 95956

Peninsula Fire Protection District

Phone: 530.259.2306 Web site: www.peninsulafire.net Mailing Address: 801 Golf Club Rd., Lake Almanor, CA 96137 Street Address: Same

Plumas Eureka Fire & Rescue

Phone: 530.836.0532Email: pecsd@psln.comMailing Address: 200 Lundy Ln., Blairsden, CA 96103-9713Street Address: Same

Quincy Volunteer Fire Department

Phone: 530.283.0870
Email: quincyfire@sbcglobal.net
Web site: quincyfire.com
Mailing Address: 505 Lawrence St., Quincy, CA 95971
Street Address: 505 Lawrence St., Quincy, CA 95971

Sierra Valley Volunteer Fire Department

Phone: 530.993.1111
Web site: sierravalleyfire@net.com
Mailing Address: P.O. Box 211, Chilcoot, CA 96105
Street Address: 94362 Hwy. 70, Chilcoot, CA 96105

FOSTER CARE

Children's System of Care

Phone: 530.283.6091 Mailing Address: 270 County Hospital Rd., Ste. 109, Quincy, CA 95971 Street Address: Same

Services: For children at risk of removal from home, or already placed out of home, CSOC can provide counseling, mentoring, case management. The goal of these services is to modify youth behaviors.

Environmental Alternatives

Phone: 530.283.3330 or 1.800.655.8350
Website: www.ea.org
Mailing Address: P.O. Box 3940, Quincy, CA 95971
Street Address: 455 W. Main, Quincy, CA 95971
Days/Hours: 7 days a week, 24 hours a day

Services: Foster Care for Plumas, Lassen and Butte Counties to children ages 0-18; private families are certified foster homes, working with them once a child is placed in their homes; provide counseling, parenting, training, assistance, direction and consultation for foster families and foster child. A 6 bed, intensive treatment, group home is operated for boys with a separate similar group home for girls.

Environmental Alternatives Satellite Offices:

Susanville – Mailing Address: 2003 Main St., Susanville, CA 96130 Phone: 530.257.6616 Days/Hours: Monday through Friday, 24 hours a day

Persons Served: Children **Area Served:** Plumas, Lassen, and Butte Counties **Fees:** None

Mountain Circle Family Services

Phone: 530.284.7007
Web site: www.mountaincircle.org
Mailing Address: P.O. Box 554, Greenville, CA 95947
Street Address: 96 South Main., Greenville, CA 95947
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Foster home certification and placement of children; classes: childbirth, first aid, parenting; counseling; tutoring; resource library; referrals to other agencies and organizations; meeting facility; support groups for foster parents an teen groups.

Mountain Circle Family Services Satellite Offices:

Reno – Street Address: 4600 Kietzke Lane., Ste. 0260, Reno, NV 89502 Phone: 1.775.825.9995

Susanville – Street Address: 44 North Lassen St., Susanville, CA 96130 Phone: 1.530.257.7407

Persons Served: Children and families **Area Served:** Plumas County **Fees:** Fees charged for some services

HEALTH EDUCATION

Supplemental Nutrition Assistance Program Education (SNAP-Ed)

Phone: 530-283-6337 Mailing / Physical Address: 270 County Hospital Rd., Suite 206, Quincy, CA 95971 E-mail: zachrevene@countyofplumas.com

Contact: Zach Revene

Services: A federal/state partnership that supports nutrition education for persons eligible for the Supplemental Nutrition Assistance Program (SNAP; called CalFresh in California). Focus includes obesity prevention, increased access to fruits & vegetables, reduced consumption of sugary beverages, and healthy use of EBT benefits.

HEALTH CARE SERVICES AND HOSPITALS

Al-Anon Family Groups (Al-Anon & Alateen)

Phone: 775-530-4117Days/Hours:Portola: Saturday 6:15 p.m. at the Portola Station Baptist Church, in back.

Quincy: Thursday 5:30 p.m. at the Community United Methodist Church 282 Jackson St., Quincy, upstairs. Phone 530-283-1740

All times subject to change. See Community Corner in the local paper for updated information. Or call 775-530-4117.

For AA/NA/ALANON schedules within Plumas County, please see page 3, under "ALCOHOL AND NARCOTICS ANONYMOUS MEETINGS".

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Persons Served: Anyone who has a problem with someone else's alcohol or drug use. **Area Served:** Plumas County **Fees:** None. Voluntary contributions pay for rent and supplies.

Alcoholics Anonymous

Online Resource: www.simeetings.com/LA/NoCA/PlumasCtyMtgs.html Phone: 775-530-4117 Schedule: For schedules within Plumas County, please see page 3, under "ALCOHOL AND NARCOTICS ANONYMOUS MEETINGS".

All times subject to change. See Community Corner in the local paper for locations and updated information. Or call 775-530-4117

Services: Alcoholics Anonymous is a fellowship of men and women who share their experiences, strength and hope with each other so that they may solve their common problems and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; A.A. is self-supporting through member contributions. A.A. is not allied with any sect, denomination, political organization or institution, does not wish to engage in any controversy, and neither endorses nor opposes any causes. The primary purpose is to stay sober, and help other alcoholics to achieve sobriety.

Persons Served: Anyone who thinks they might have a problem with alcohol. Visitors welcome at some meetings.Area Served: Plumas CountyFees: None. Voluntary contributions pay for rent and supplies.

American Cancer Society

Phone: 530.332.3808
Web site: www.americancancersociety.org
Mailing Address: 265 Cohasset Rd., Chico, CA 95926
Street Address: Same
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

Services: Services to cancer patients: information concerning services and resources; loans of sick room supplies; surgical dressings prepared by volunteers; transportation to and from treatment centers. Public Education: various educational and other materials available for schools, clubs, organizations, and health educators. Films and literature are available on "site". Cancer and stop smoking literature and films.

Persons Served: All residents with cancer, with an attempt to keep services to the needy.
Education is for everyone.
Area Served: <u>Full Services:</u> Butte, Glenn and Tehama Counties. <u>Limited Services:</u> Plumas, Modoc, Sierra, and Lassen Counties.
Fees: None

American Lung Association Superior Branch

Phone: 530.345.5864 or 1.800.872.5864
Web site: www.lungusa.org
Mailing Address: 10 Landing Circle, Ste. #1, Chico, CA 95973
Street Address: Same
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

Services: Services include: free information on lung disease (i.e., emphysema, lung cancer, asthma, chronic bronchitis, TB); free information on lung health issues (smoking, pregnancy

and smoking, non-smoker's rights, air pollution); freedom from smoking – a mailed self-help program for quitting smoking; smoking prevention and education on elementary schools.

Persons Served: All residents **Area Served:** Plumas County **Fees:** \$10.00 donation for Freedom From Smoking Program

Bay Area Affiliate - SIDS Alliance

Phone: 1.800.369.7437
Web site: www.childrenshospitaloakland.org
Mailing Address: 747 52ND St., c/o Children's Hospital Medical Center, Oakland, CA 94609
Street Address: Same
Days/Hours: Monday through Friday, 9:00 a.m. to 2:00 p.m.

Services: Sudden infant death syndrome information and support.

Persons Served: All residents

California Self Help Center

Phone: No Phone *online services only*
Web site: www.courtinfo.ca.gov
Mailing Address: 8912 Volunteer Lane, Sacramento, CA 95826
Street Address: Same

Services: Statewide referrals to a variety of different support groups.

Persons Served: All residents **Area Served:** Plumas County

Chico Feminist Women's Health Center

Phone: 530.891.1911
Website: www.womenshealthspecialists.org
Mailing Address: 1469 Humbolt Rd., Ste. 200, Chico, CA 95928
Street Address: Same
Days/Hours: Monday through Thursday 9:30a.m. to 5:00p.m. Abortion services performed on Saturdays.

Services: Full range of gynecological and birth control services. Abortion services to 18 weeks. Drop in pregnancy testing at no charge. Saturday and evening appointments are available. Morning after pill is available 6 days a week. The Speaker's bureau is available to speak on a variety of women's health and reproductive rights issues. Menopausal health care offered.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Sliding fee scale, Medi-Cal, insurance accepted, Visa/MasterCard

Eastern Plumas Health Care

Phone: 530.832.6500 or 1.800.571.3742
Web site: www.ephc.org
Mailing Address: 500 1st Ave., Portola, CA 96122
Street Address: Same

Days/Hours: Hospital: 7 days a week, 24 hours/day; Business office: Monday-Friday 7:30 a.m. to 10:00 p.m., Saturday and Sunday 8:00 a.m. to 4:30 p.m.

Services: Inpatient, out-patient and emergency medical services; home health services; physical and speech therapy; ambulance service; and car seat information services.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Fees charged

Greenville Rancheria Health Program

 Phone: 530.284.7990

 Medical: 530.284.6135 (FAX 530.284.7594)

 Dental: 530.284.7045 (FAX 530.284.1559)

 Web site: www.greenvillerancheria.com

 Mailing Address: P.O. Box 279, Greenville, CA 95947

 Street Address: 410 Main St., Greenville, CA 95947

 Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Health services provided including: immunization, physical exams, sports physicals, dental services, vision & hearing screening, blood pressure screening, pregnancy testing, TB testing, family planning, health education, marriage and family counseling. Assistance with Native American Verification sliding fee scale for all non-native transportation services is available. Insurance Accepted: Medi-Care, Medi_Cal, Private, CMSP,

Persons Served: All residents (not just Native Americans) **Area Served:** Indian Valley **Fees:** Sliding scale for Non-Native American

HIV Services

Phone: 530-283-6330

Mailing / Physical Address: 270 County Hospital Rd., Suite 111, Quincy, CA 95971
E-mail: DawnFowler@countyofplumas.com
Contact: Dawn Fowler
Services: The Plumas County Public Health Clinic offers free, confidential HIV testing, counseling, case management, and care & treatment for HIV positive individuals (or those seeking information).
Persons Served: All residents
Area Served: Plumas County

Fees: Medi-Cal accepted; sliding scale

In Home Supportive Services

Phone: 530.283.6584
Web site: www.countyofplumas.com
Mailing Address: 270 County Hospital Road, Suite 207, Quincy, CA 95971
Street Address: Same
Contact: Paula Roediger

Services: Provides medical and social nursing assessment, monitoring and case management including coordination of medical referrals, care givers and other organizations. Programming is also provided by Plumas County Department of Social Services.

Narcotics Anonymous

Phone: 530.283.9651 Schedule: For schedules within Plumas County, please see page 3, under "ALCOHOL AND NARCOTICS ANONYMOUS MEETINGS ".

All times subject to change. See Community Corner in the local paper for locations and updated information. Or call 1.530.283.9651.

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Persons Served: Anyone who thinks they might have a problem with drugs. Visitors welcome at most meetings.

Area Served: Plumas County

Fees: None. Voluntary contributions pay for rent and supplies.

Northeastern Rural Health Clinics Inc.

Phone: 530. 251.5000
Web site: www.northeasternhealth.org
Mailing Address: 1850 Spring Ridge Dr., Susanville, CA 96130
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Comprehensive health care services including three community health clinics, health education services including individual health and nutrition education, group health education classes and special screening clinics. OB access, family planning, Lassen Hospice Care, counseling services are also provided.

Northeastern Rural Health Clinics Inc , Satellite Offices:

Westwood Family Practice

Phone: 530.256.3152
Mailing Address: 209 Birch St., Westwood, CA 96137
Street Address: 209 Birch St., Westwood, CA 96137
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Persons Served: All residents **Area Served:** Plumas County, no residency required **Fees:** Sliding scale; Medi-Cal accepted

Overeaters Anonymous

Phone: 530.283.9651 **Days/Hours:** Quincy: Wednesday 5:30 p.m. at the Methodist Church, in back.

Time and location are subject to change. See Community Corner in the local paper for updated information. Or call 1.530.283.9651.

Overeaters Anonymous is a Fellowship of individuals, who, through shared experience, strength and hope are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private outside issues. Our primary purpose is to

abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

OA is not a diet and calories club. Instead we have found a spiritual solution to the problem of food through the 12 steps adapted from Alcoholics Anonymous. If you are sick & tired of yet one more diet, come join us and see if you too can find a lasting solution to any eating disorder in a welcoming, accepting atmosphere.

Persons Served: Anyone who thinks they may have a problem with food, overeating or any other eating disorder.Area Served: Plumas CountyFees: None. Voluntary contributions pay for rent and supplies.

Planned Parenthood, Butte County

Phone: 530.342.8367/1.800.230.7526 Chico
Website: www.ppshastadiablo.org
Mailing Address: 3100 Cohassett Rd. Chico CA.95926
Street Address: 3100 Cohassett Rd. Chico CA.95926
Day/Hours: Chico – Monday through Friday, 9:00 a.m. to 5:00 p.m.

Services: Family planning services including exams, birth control, sterilization, HIV testing, abortion, personal counseling, teen services, pregnancy testing and referral. Confidential.

Persons Served: All residents **Area Served:** Northern California Counties **Fees:** Sliding Scale, Medi-Cal accepted

Plumas County Public Health Agency, Clinic – AIDS/HIV Testing and

Counseling

Phone: 530.283.6330 or 1.800.801.6330
Web site: www.countyofplumas.com
Mailing / Physical Address: 270 County Hospital Rd., Suite 111, Quincy, CA 95971
Days/Hours: Call for appointment
Services: Confidential & anonymous. No or low cost testing services including pre-test counseling, risk assessment, education, laboratory test, & intensive post-test counseling and skill development.
Persons Served: All residents
Area Served: Plumas County
Fees: Medi-Cal accepted; sliding scale

Plumas County Public Health Agency, Clinic – Hypertension Screening

and Monitoring (blood pressure)

Phone: 530.283.6337
Web site: www.countyofplumas.com/publichealth/index.htm
Mailing / Physical Address: 270 County Hospital Rd., Ste. 111 Quincy, CA 95971
Services: Blood pressure checks are available on a walk-in basis at no charge
Persons Served: All residents
Area Served: Plumas County

Plumas County Public Health Agency, Clinic - Immunization (child and

adult)

Phone: 530.283.6337

Web site: www.countyofplumas.com/publichealth/index.htm

Mailing / Physical Address: 270 County Hospital Rd., Ste. 111 Quincy, CA 95971 Services: Provides no or low cost immunization for infants and children, including school entrance immunization and TB skin testing. Also available are adult immunization including flu, pneumonia, tetanus, TB testing, Hepatitis B and others. Call the Public Health Clinic for information on when specific immunization are available and appropriate.

Persons Served: All residents

Area Served: Plumas County

Fees: Medi-Cal accepted; sliding scale

Plumas County Department of Health Services, Clinic – Public Health

Services

Phone: 530.283.6330 or 1.800.801.6330

Mailing / Physical Address: 270 County Hospital Rd., Ste. 111 Quincy, CA 95971 **Days/Hours:** Outreach Clinics in Chester every 3rd Thursday of the Month, Greenville every 1st Thursday of the month, and Portola every 2nd and 4th Thursday of the month. Call for appointments or more information.

Services: Monitoring and control of communicable diseases. Receipt and recording of vital statistics. Public Health Nursing services including home visits relating to High Risk Infants and Comprehensive Perinatal Outreach. Referrals regarding Lead Poisoning Prevention and Child Protective Services. Call for more information.

Persons Served: All residents

Area Served: Plumas County

Fees: Medi-Cal; sliding scale

Area Served: Plumas County

Fees: Medi-Cal; sliding scale

Plumas County Public Health Agency, Clinic – Sexually Transmitted

Diseases Clinic

Phone: 530.283.6337
Web site: http://www.countyofplumas.com/index.aspx?NID=271
Mailing / Physical Address: 270 County Hospital Rd., Suite 111, Quincy, CA 95971
Services: Provides no or low cost services to those individuals needing examination, laboratory test, treatment and follow up for sexually transmitted diseases including HIV/AIDS. (See AIDS testing and counseling).
Persons Served: All residents
Area Served: Plumas County
Fees: Medi-Cal accepted; sliding scale

Plumas County Public Health Agency

Phone: 530.283.6337

Web site: www.countyofplumas.com/publichealth/index.htm

Mailing / Physical Address: 270 County Hospital Rd., Ste. 206, Quincy, CA 95971 Days/Hours: Monday through Friday, 8:00 a.m. until 5:00 p.m.

Services: The Public Health Clinic provides a variety of services including immunizations (child and adult), blood pressure checks, family planning, AIDS/HIV testing and counseling, Hepatitis C testing, pregnancy testing, WIC evaluations, etc. Call for specific times and locations. Public Health Educators provide information about the Supplemental Nutrition Assistance Program Education (SNAP-Ed), the CA Tobacco Control Program (policy & regulation), Office of Emergency Preparedness, Northern Sierra Opioid Safety Coalition, and Youth Prevention services.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Medi-Cal accepted; sliding scale

Plumas District Hospital

Phone: 530.283.2121
Web site: www.pdh.org
Mailing Address: 1065 Bucks Lake Rd., Quincy, CA 95971
Street Address: Same

Services: Three family practice physicians; two general surgeons; radiologists; pathologist; ophthalmologist; urologist; gastroenterologist; orthopedic surgeon; cardiologist; ear, nose, and throat specialist; emergency room physicians on duty 24 hours a day, seven days a week. Available services include: laboratory, x-ray, CT scanning, mammography, physical therapy, respiratory therapy, ultra sound, endoscopy, and dietitian & nutritional consultation. Lamaze training, a rural health clinic located in the medical office building, acute in-patient care and swing bed skilled nursing care, ambulances, obstetrics.

Persons Served: All residents **Area Served:** Quincy, Portola, Greenville and surrounding areas

Plumas Rural Services, WIC Program (Women, Infants & Children)

Phone: 530.283.4093 or 1.800.942.4093 (collect calls accepted)
Web site: www.plumasruralservices.org
Email: wic@plumasruralservices.org
Contact: Katy Dyrr
Mailing Address: 711 E. Main Street, Quincy, CA 95971
Street Address: 711 E. Main Street, Quincy, CA 95971
Days/Hours: Monday through Friday, 8:00 a.m. until 4:00 p.m.

Services: WIC is a preventive health program designed to improve the health of program participants during critical times of growth and development. It provides supplemental foods, nutrition education, and breastfeeding resources to income eligible families throughout Plumas County. Monthly WIC clinics are held in Chester, Greenville, Portola, and Quincy.

Services include monthly food vouchers, individual and group nutrition education classes, high risk care plans for special needs, referrals to health care, breast pumps, family needs assessments, and video library. The WIC Program is federally funded through the State Department of Health Services.

Persons Served: Income eligible pregnant and breastfeeding women and infants and children under age 5. **Area Served:** Plumas County **Fees:** None

Public Health Services – Health Education

Phone: 530.283.6337 Mailing Address: 270 County Hospital Rd., Ste. 127, Quincy, CA 95971

Safe Kids Childhood Injury Prevention

Phone: 530.283.6456Web site: www.healthyplumas.comMailing Address: 270 County Hospital Rd., Ste. 206 Quincy, CA 95971Street Address: Same

Services: Provides child safety seats, bicycle helmets and safety education for all Plumas County residents. Components include: "Family Safety in the Car" classes (required for seat distribution) availability of seats and education through prenatal and maternity services at Plumas District Hospital, Court Diversion classes enforce child safety seat violations and county-wide prevention education.

San Francisco AIDS Foundation

Phone: 1.415.487.8000 Mailing Address: 1035 Market St., Ste. 400, San Francisco, CA 94160-2635 Street Address: Same

Services: Call the hotline for confidential AIDS information and reference. Brochures addressing specific issues are available. Education on prevention, early treatment, and referrals provided.

Persons Served: All residents **Area Served:** Northern California **Fees:** Fees charged for some literature.

Seneca Healthcare District

Phone: 530.258.2151
Web site: www.senecahospital.org/
Mailing Address: P.O. Box 737, Chester, CA 96020
Street Address: 130 Brentwood Dr., Chester, CA 96020
Days/Hours: 7 days a week, 24 hours a day

Services: 24/7 Emergency services; acute care services (medical/surgical/swing); respiratory care services; laboratory services; radiology services (CT, Dexa, ultrasound, limited MRF); hospice; skilled nursing facility; dietary/nutritional counseling; 5 F.P.; Primary care; OMT; specialty care; general surgery; Telemedicine services; physical therapy.

Persons Served: All residents **Area Served:** Chester/Lake Almanor **Fees:** Medi-Cal accepted, fees charged

Seneca Healthcare District – Lake Almanor Clinic

Phone: 530.258.2826
Mailing Address: P.O. Box 737, Chester, CA 96020
Street Address: 199 Reynolds Rd., Chester, CA 96020
Days/Hours: 5 days a week, 8-10 hours a day
Services: 4 inidividual provider offices; outpatient clinic; walk in clinic.

SIDS Alliance of Northern California

E-mail: info@sidsNC.org Website: www.sidsnc.org Mailing Address: 1547 Palos Verdes Mall #301, Walnut Creek, CA 94597 Street Address: Same **Services:** Sudden infant death syndrome information and support.

Persons Served: All residents **Area Served:** Plumas County

Sierra Hospice

Phone: 530.258. 3412
Web site: www.sierrahospice.com
Email: hospice@senecahospital.org
Contact: Shirley Canalia
Mailing Address: P.O. Box 95, Chester, CA 96020
Street Address: 150 Brentwood, Chester, CA 96020
Days/Hours: 24 hours

Services: Care for the terminally ill patient and their family. Volunteers provide respite care, transportation, and communication skills. Bereavement care is provided for hospice families as well as any families in the community facing the loss of a loved one.

Persons Served: All residents Area Served: Chester/Lake Almanor/Westwood, Clear Creek Fees: None

Special Children's Clinic

Phone: 1.775.688.1341
Mailing Address: 2667 Enterprise Rd., Reno, NV 89512
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Multi-disciplinary evaluations and treatment services for children from birth to age 3 with known or suspected developmental delays. Periodic evaluations are available at the Reno Intensive Care Nursery for graduates up to age 6. On-going nutrition services available to children with inborn error of metabolism, birth to 22 years.

Persons Served: All residents **Area Served:** Northern Nevada and contiguous areas of California

Area Served: Northern Nevada and contiguous areas of California including Plumas County **Fees:** All third party payers will be billed.

Taking Off Pounds Sensibly (TOPS) - Chester

Phone: 530.596.3767
Mailing Address: P.O. Box 1116, Chester, CA 96020
Street Address: Meets at the Community Methodist Church on Glenwood and Hwy. 36
Days/Hours: Weekly on Thursdays at 7:30 a.m.

Services: Support group for people who are concerned about their body weight.

Taking Off Pounds Sensibly (TOPS) - Portola

Phone: 530.596.3767

Days/Hours: Meetings held weekly on Tuesday at 8:30 a.m. in the United Methodist Church located at 396 2nd Avenue in Portola.

LAW ENFORCEMENT

Plumas County Sheriff's Department

Phone: 530.283.6375 (Business); 530.283.6348 (Civil);
530.283.6363 (Investigations); 530.283.6300 (After Hours); 530.283.6267 (Jail)
Web site: www.pcso.net
Mailing Address: 1400 E. Main St., Quincy, CA 95971
Street Address: Same
Jail Address: 50 Abernathy Lane, Quincy, CA 95971

Services: Public assistance involving law enforcement activities, numerous community services projects relative to the well being of abused children, property owners, senior citizens and the business community.

Plumas County Sheriff's Department Satellite Offices:

Chester Substation Phone: 530.258.3111 Street Address: 1st Ave. and Willow Way, Chester, CA 96020

Greenville Substation Phone: 530.284.7222 Street Address: 115 Crescent St., Greenville, CA 95947

Portola Substation Phone: 530.832.4242 Street Address: 161 Nevada St., Portola, CA 96122

LEGAL SERVICES

Butte Regional Office—Legal Services of Northern California

Phone: 530.345.9493 Website: www.lsnc.info Mailing Address: 541 Normal Ave., Chico, CA 95927 Street Address: Same **Days/Hours:** Monday through Thursday 9:00a.m. to 5:00p.m. Closed for lunch, 12:00 to 1:00p.m. Friday open from 9:00a.m. to 12:00p.m.

Services: Free legal services for low income persons by appointment or over the telephone. No criminal or fee-generating. Deal primarily with housing, income maintenance, social security, Medi-Cal and health care.

Persons Served: Low income and seniors **Area Served:** Plumas County

District Attorney – Criminal Division

Phone: 530.283.6303 Fax: 530.283.6340 Mailing Address: 520 Main St., Room 404, Quincy, CA 95971 Contact: David Hollister

Plumas County Counsel/Small Claims Advisor

Phone: 530.283.6240 Fax: 530.283.6116 Web site: www.courtinfo.ca.gov/selfhelp/smallclaims/plumas.htm Mailing Address: 520 Main St., Room 302, Quincy, CA 95971 Street Address: Same Contact: Mari Snyder Days/Hours: Monday through Friday, 8:00 to 5:00 p.m.

Services: Advice to public for small claims court only. Persons Served: All residents Area Served: Plumas County Fees: None

Probation

Phone: 530.283.6200
Fax: 530.283.6165
Mailing Address: 270 County Hospital Road, Suite 1288, Quincy, CA 95971
Contact: TBA

Sheriff/Coroner

Phone: 530.283.6375 **Fax:** 530.283.6344 **Mailing Address:** 1400 East Main St., Quincy, CA 95971 **Contact: Greg Hagwood**

Superior Court Department I

Phone: 530.283.6297
Fax: 530.283.6415
Mailing Address: 520 Main St., Room 304, Quincy, CA 95971
Contact: Judge Janet Hilde

Superior Court Department II

Phone: 530.283.6232
Fax: 530.283.6415
Mailing Address: 520 Main St., Room 104, Quincy, CA 95971
Contact: Judge Ira Kaufman

Media (NEWSPAPERS)

Chester Progressive

Phone: 530.258.3115
Web site: http://plumasnews.com
Mailing Address: P.O. 557, Chester, CA 96020
Street Address: 135 Main St., Chester, CA 96020

Feather River Bulletin

Phone: 530.283.0800 Web site: http://plumasnews.com Mailing Address: P.O. Box B, Quincy, CA 95971 Street Address: 287 Lawrence St., Quincy, CA 95971 Contact: Debra Moore Email: dmoore@plumasnews.com

Indian Valley Record

Phone: 530.284.7800 Web site: http://plumasnews.com Mailing Address: P.O. Box 469, Greenville, CA 95947

Portola Reporter

Phone: 530.832.4646
Web site: http://plumasnews.com
Mailing Address: 116 Commercial St., Portola, CA 96122
Street Address: Same

MENTAL HEALTH SERVICES

Plumas County Mental Health

Phone: 530.283.6307 (collect calls accepted)
Website: www.countyofplumas.com
Mailing Address: 270 County Hospital Rd., Ste. 109, Quincy, CA 95971
Street Address: Same
Days/Hours: Office: Monday through Friday, 8:00 a.m. to 5:00 p.m.; Emergency: 24 hours a day, 7 days a week.

Services: Mental health provides a full range of out-patient services to all residents of Plumas County. Crisis services are available through our agency or by contacting the Crisis Line. Emergency hospitalizations and evaluations provided. Services for adults and children range from consultation, assessment, referral, and medication to individual, group, marital and family therapy. Services are available in Portola and Chester by appointment.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Sliding scale, Medi-Cal accepted

PLUMAS COUNTY DEPARTMENTS

Plumas County Administrative Office

Phone: 530.283.6315Web site: www.countyofplumas.comMailing Address: 520 Main St., Room 309, Quincy, CA 95971

Plumas County Airport Director

Phone: 530.283.6299 Mailing Address: 198 Plumas Ave., Quincy, CA 95971 Contact: Sid Roberts

Plumas County Auditor/Controller

Phone: 530.283.6246 **Mailing Address:** 520 Main St., Room 205, Quincy, CA 95971

Plumas County Board Of Supervisors

Phone: 530.283.6170 **Mailing Address:** 520 Main St., Room 201, Quincy, CA 95971

Plumas County Clerk/Recorder

Phone: 530.283.6218 **Mailing Address:** 520 Main Street, Room 102, Quincy, CA. 95971

Plumas County Clerk/Recorder—Elections Division

Phone: 530.283.6256
Mailing Address: 520 Main Street, Room 102, Quincy, CA. 95971
Plumas County Clerk/Recorder—Records Management Division
Phone: 530.283.6007
Mailing: 520 Main St., Room 102, Quincy, CA. 95971

Plumas County Human Resources Department

Phone: 530.283.6444 Mailing Address: 520 Main St., Room 115, Quincy, CA 95971 Contact: Nancy Selvage

Plumas County Information Technology Department

Phone: 530.283.6263 Mailing Address: 520 Main St., Room 211, Quincy, CA 95971 Contact: Dave Preston

Plumas County Office of Emergency Services

Phone: 530.283.6332 **Mailing Address:** 1400 E. Main St., Quincy, CA 95971

Plumas County Risk Management Department

Phone: 530.283.6398Mailing Address: 520 Main St., Room 309, Quincy, CA 95971Contact: Kelly Stone

Plumas County Tax Assessor

Phone: 530.283.6380 Mailing Address: 1 Crescent St., Quincy, CA 95971 Contact: Charles Leonhardt

Plumas County Treasurer/Tax Collector

Phone: 530.283.6260 **Address:** 520 Main St. Rm 203, Quincy CA 95971 **Mailing Address:** P.O. Box 176, Quincy, CA 95971 Contact: Julie White

City of Portola

Phone: 530.832.4216 **Mailing Address:** P.O. Box 1225, Portola, CA 96122

Services: The city council meets each 2nd & 4th Wednesday @ 7:00 p.m. at the Portola City Hall.

Public Guardian

Phone: 530.283.6242 Mailing Address: P.O. Box 10388, Quincy, CA 95971 Contact: Orie Carden

RECREATION

Central Plumas Recreation District

Phone: 530.283.3278 E-mail: recdept@psln.com Website: http://users.psln.com/recdept/ Mailing Address: P.O. Box 1551, Quincy, CA 95971 Street Address: 34 Fairgrounds Rd., Quincy, CA 95971 Days/Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Services: Administers a variety of year-round recreation activities within the Quincy area for children, teens, and adults, including youth basketball teams, youth wrestling, youth soccer, adult basketball and softball leagues, preschool (2 mornings a week). In addition, school based elementary art and music classes. Administers and maintains Pioneer Park and Swimming Pool, Gansner Park, Feather River Sports Complex, Rotary Field, and Lowell Bader Park and Pool in Meadow Valley. Group picnic and barbecue facilities are available by reservation.

Persons Served: All residents **Area Served:** Quincy **Fees:** Fees charged

Horses Unlimited, Inc.

Phone: 530.836.4551 or 1.800.369.7433
Email: HorsesUnlimited.Inc@gmail.com
Web site: http://horsesunlimitedinc.org/
Mailing Address: P.O. Box 30194, Cromberg, CA 96103
Street Address: 59330 Hwy. 70, Cromberg, CA 96103
Days/Hours: Wednesday & Saturday, 9:00 a.m. to 4:00 p.m.

Services: Horses Unlimited, Inc. is a nonprofit corporation dedicated to providing therapeutic horseback riding for recreation to children and adults with special needs.

Persons Served: Children and adults with special needs. **Area Served:** Plumas County **Fees:** Fees charged

Indian Valley Recreation & Park District

Phone: 530.284. 7385
Mailing Address: P.O. Box 928, Greenville, CA 95947
Street Address: 209 Crescent St., Greenville, CA 95947
Days/Hours: Monday through Friday, 9:00 a.m. to 3:00 p.m.

Services: IVRPD provides recreation programs and special events for Indian Valley residents. We have arts & crafts, sports, education and entertainment programs.

Plumas County Visitors Bureau

Phone: 530.283.6345 or 1.800.326.2247
E-mail: pcvb@psln.com
Web site: plumascounty.org/
Mailing Address: P.O. Box 4120, Quincy, CA 95971
Street Address: 550 Crescent Street, Quincy, CA 95971
Days/Hours: 9:00 a.m. until 5:00 p.m., Saturdays all year; Monday through Friday, 8:00 a.m. to 5:30 p.m., Memorial Day through Labor Day

Services: Provide informational and hospitality services to both visitor and county residents either by mail, phone, or in person at the office. Information is provided on the whole county not just one area. Brochures and suggestions on where to go and what to see within this county as well as Sierra County are provided to the consumer.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Fees charged

SENIOR SERVICES

Friendship Line – Institute on Aging

Phone: 800.971.0016
Website: https://www.ioaging.org/services/all-inclusive-health-care/friendship-linefire safe
Days/Hours: 24/7
Services: A toll free line run by the Institute of Aging for senior and caregivers who need contact or support via the phone
Persons Served: Seniors 60+ Adults with Disabilities, 18 and older

Area Served: National Service

Chester Senior Nutrition Site

Phone: 530.394.7636
Mailing/Street Address: 336 Meadowbrook Loop Chester, CA 96020
Days/Hours: Serving time 12:00 p.m. Monday thru Friday
Contact: Carolyn Steurer
Services: Call for information; eligibility, registration and transportation, cost and hours.
Persons Served: Seniors 60+
Area Served: Chester/ Lake Almanor
Fees: \$2.50 suggested donation

Greenville Senior Nutrition Site

Phone: 530.284.6608
Mailing/Street Address: 152 Green Meadows Lane, Greenville, CA 95947
Days/Hours: Serving time 12:00 p.m. Monday thru Friday
Contact: Debbie Housen
Services: Call for information; eligibility, registration and transportation, cost and hours.
Persons Served: Seniors 60+
Area Served: Greenville
Fees: \$2.50 suggested donation

Portola Senior Nutrition Site

Phone: 530.832.4173
Mailing/Street Address: 449 W. Sierra Ave., Portola, CA 96122
Days/Hours: Monday through Friday, 7:30 a.m. to 1:30 p.m.
Contact: Kathy Rouillier-832-4173
Services: Call for information, eligibility, registration and transportation, homebound meals, and hours.
Persons Served: Seniors 60+
Area Served: Portola
Fees: \$2.50 suggested donation

Quincy Senior Nutrition Site

Phone: 530.283.0643Mailing/ Street Address: Quincy Veteran's Hall, 274 Lawrence St., Quincy, CA 95971Days/Hours: Serving time at 12:00 noon Monday thru Friday.

Contact: Annette Kelly Services: Call for information, eligibility, registration and transportation, homebound meals, and hours. Persons Served: Seniors 60+ Area Served: Quincy Fees: \$2.50 suggested donation

Senior Transportation Services

Phone: 530.283.3546
Services: Provides transportation services
Persons Served: Senior Citizens 60+
Area Served: Plumas and surrounding counties
Fees: Suggested donation of \$3.00 in-town, \$5.00 in-county, and \$10.00 out-of-county.

Persons Served: Seniors **Area Served:** Greenville **Fees:** \$2.50 suggested donation

Passages Adult Resource Center

Phone: 530.283.0891 or 1.800.822.0109 Web site: www.passagescenter.org Mailing Address: 25 Main St. Suite 202 Chico, CA 95929 Street Address: Same

Services: Support older adults and caregivers with community resources.

Persons Served: Seniors 60 and over **Area Served:** Plumas County **Fees:** None

Plumas County Fire Safe Council Senior/Disabled Defensible Space

Assistance Program

Phone: 530.283.3739 Contact: Mike McCourt Email: mike@plumascorporation.org Web site: https://www.plumasfiresafe.org/senior-disabled-assistance.html

Services: The Plumas County Fire Safe Council is a local non-profit that secures grant funds to administer programs that reduce the loss of natural and human made resources caused by wildfire. The Senior/Disabled Defensible Space Assistance program is for Plumas County residents over 65 years of age or for residents with a medical physical disability. The Plumas

Fire Safe Council will provide a free consultation to determine what work is necessary. We will also procure bids from qualified and insured contractors to provide up to \$1,500 in service by working from the home and driveway outward, with a goal of meeting CA PRC 4291 (Defensible Space) requirements. The Council certifies the work completion before payments are made and provides financial assistance based on a cost share basis.

Persons Served: Seniors (over 65) or persons with a medical physical disability. **Area Served:** Plumas County **Fees:** free consultation

Plumas Rural Services, In-Home Respite Services

Phone: 530.283-2735
Website: www.plumasruralservices.org
Email: ahughes@plumasruralservices.org
Mailing Address: 711 E. Main St., Quincy, CA 95971
Street Address: Same
Contact: Amy Hughes
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

Services: In-Home Respite Services provides in-home respite care (temporary, relief care) to families who are caring for a family member who has a developmental disability. Respite care is provided in the family's home by trained worker's called Respite Service Providers. Elderly respite care is also provided for a fee.

Persons Served: Families with developmental disabilities and clients of Far Northern Regional Center

Area Served: Plumas County **Fees:** For elderly respite care only

SPECIAL NEEDS

Far Northern Regional Center

Phone: 530.222.4791
Web site: www.farnorthernrc.org
Address: 1900 Churn Creek Rd., Ste. 319, Redding, CA 96002
Mailing Address: PO Box 492418, Redding CA. 96049-2418
Street Address: Same
Days/Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Services: Provides services to developmentally disabled persons (such as Down's syndrome, Cerebral Palsy, etc.) and to persons who have suffered neurological damage before age 18. Services include assessments, referrals, individual program plans, case management,

consultant services, representative payee, limited conservatorship & guardianship, courtordered evaluations, and preventative services for high risk children and advocacy.

Far Northern Regional Center Field Offices:

Chico Phone: 530.895.8633 Mailing Address: 1377 East Lassen Ave., Chico, CA 95926-1381 Street Address: Same

Mt. Shasta Phone: 530.926.6496 Mailing Address: 421 Chestnut St., Mt. Shasta, CA 96067 Street Address: Same

Susanville Phone: 530.257.5317 Mailing Address: 170 Russell Ave., Susanville, CA 96130-4216 Street Address: Same

Persons Served: All developmentally disabled are served as well as parents or children "at risk" of a developmental disability.

Area Served: Plumas County Fees: None

Horses Unlimited, Inc.

Contact: Kimberly Walker. Call to schedule an appointment. Days and hours change each season.Phone: 530.836.4551 or 530.927.8361Email: akappygirl@gmail.com

Web site: www.horsesunlimitedinc.org Mailing Address: P.O. Box 30194, Cromberg, CA 96103 Street Address: 59330 Hwy. 70, Cromberg, CA 96103

Services: Horses Unlimited, Inc. is a nonprofit corporation dedicated to providing therapeutic horseback riding for recreation to children and adults with special needs.

Persons Served: Children and adults with special needs. **Area Served:** Plumas County **Fees:** Fees charged

National Information Center for Disabled Children & Youth

Phone: 1.800.999.5599 or 1.703.893.6061 **Mailing Address:** P.O. Box 1492, Washington, D. C. 20013 Services: Provides information resources for families with children with special needs.

Persons Served: Families with children with special needs **Area Served:** Plumas County

Plumas Rural Services, Family Empowerment Center

Phone: 530.283.1136 Quincy 800.826.0842
Website: www.plumasruralservices.org
Mailing Address: 711 E. Main, Quincy, CA 95971
Street Address: 711 E. Main Street Quincy
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.
Services: The Family Empowerment Center serves families of children or young adults (to age 22) with any disability in Lassen, Plumas, Modoc and Sierra Counties. Disabilities include any special needs or challenges in these areas; physical, developmental, learning, emotional, behavioral.

Services include; providing information on your child's disability, helping families with the IEP (Individual Education Plan), process, connecting parents and guardians with other families, linking families to other supportive community services, a lending library of books, videos, and assistive technology.

Persons Served: Families with children with disabilities **Area Served:** Plumas, Lassen, Modoc and Sierra Counties **Fees:** None

Plumas Rural Services, In-Home Respite Services

Phone: 530.283-2735
Website: www.plumasruralservices.org
Mailing Address: 586 Jackson St., Quincy, CA 95971
Street Address: Same
Days/Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

Services: In-Home Respite Services provides in-home respite care (temporary, relief care) to families who are caring for a family member who has a developmental disability. Respite care is provided in the family's home by trained worker's called Respite Service Providers. Elderly respite care is also provided for a fee.

Persons Served: Families with developmental disabilities and clients of Far Northern Regional CenterArea Served: Plumas CountyFees: For elderly respite care only

Shriners

Phone: Shriners Hospital Referral – 1.800.237.5055 **Mailing Address:** 3160 Geneva St., Los Angeles, CA 90020 1701 19th Ave., San Francisco, CA 94122 2900 Rocky Point Dr., Tampa, FL 33607-1460 - headquarters

Services: Orthopedic services; call for more information

Shriners of Sacramento-Ben Ali Shrine Center Office

Phone: 1.916.920.4107 Mailing Address: 3262 Marysville Blvd., Sacramento, CA 95815-1411

Services: The Shriners hospital offers services for orthopedic, spinal, burn patients, & birthmarks. If needed, transportation help is available.

Special Children's Clinic

Phone: 1.702.688.1341
Mailing Address: 2667 Enterprise Rd., Reno, NV 89512
Street Address: Same
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Multi-disciplinary evaluations and treatment services for children from birth to age 3 with known or suspected developmental delays. Periodic evaluations are available at the Reno Intensive Care Nursery for graduates up to age 6. On-going nutrition services available to children with inborn error of metabolism, birth to 22 years.

Persons Served: All residents

Area Served: Northern Nevada and contiguous areas of California including Plumas County **Fees:** All third party payers will be billed.

TRANSPORTATION SERVICES

Plumas County Transit

Phone: 530.283.2538
E-mail: gmcfarland@plumasruralservices.org
Website: www.plumastransit.com
Mailing Address: 711 E. Main St., Quincy, CA 95971
Street Address: 711 E. Main St., Quincy, CA 95971
Days/Hours: Monday through Friday, 8:00 a.m. to 5:00 p.m.

Services: Public Transportation serving Plumas County. Buses serve the following communities: Portola, Graeagle, Quincy, Greenville, Chester and points between. Ideal alternative transportation for Commuters, Students and Seniors. Call for more information or schedules.

Persons Served: All residents **Area Served:** Plumas County **Fees:** Fees Charged

Senior Transportation Services

Phone: 530.283.3546
Services: Provides transportation services.
Persons Served: Senior Citizens
Area Served: Plumas County
Fees: Donations Only

VETERANS SERVICES

Service of the Armed Forces

Phone: 916.993.7415 916.708.4152
Contact: Service to Armed Forces representative, Tobrin Hewitt, Sacramento CA

Services: This service provides communication between families of active service people and the Armed Forces in cases of family emergencies.

Plumas County Veterans Service Office

Phone: 1.530.283.6275 (collect calls accepted) or 1.800.219.5295
Website: www.countyofplumas.com
Mailing Address: 270 County Hospital Rd., Ste. 206, Quincy, CA 95971
Street Address: Same

Services: The Plumas County Veterans Service Office assists veterans and dependents of living and deceased veterans in filing claims for benefits with the Veterans Administration and the California Dept. of Veterans Affairs. These benefits include: pensions for veterans or widows of veterans; compensation for service connected disabilities; Medical care at V.A. facilities; rehabilitation programs; respite services; counseling; referrals; educational benefits for veterans and qualified dependents; burial benefits and death pensions for veterans' widow(er)s and children. Veteran's Service Office offers many miscellaneous services such as assisting veterans in upgrading of military discharges, obtaining necessary documents to process claims, obtain copies of lost reports of separation, referral to other agencies and assist in any other possible way. Cal-Vet Loan packages are also available in this office.

Persons Served: Veterans and dependents of veterans (living or deceased) **Area Served:** Plumas and Sierra Counties **Fees:** None

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