



DISASTER RECOVERY SERVICES

JULY 2023

WWW.PLUMASRURALSERVICES.ORG

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CLIENT SUCCESSES

During the month of June, PRS was able to successfully work with Plumas County to get 13 State-donated trailers to be donated to PRS. Among these, 7 are currently occupied by fire survivors who are otherwise at risk of homelessness; the remaining 6 will be provided to other fire survivors who are also at extreme risk of homelessness, but who can afford to maintain the trailers and associated costs.

PRS provided funding for 1 Simple Unmet Needs and 13 client stabilization (basic support) requests. These requests covered rent, housing deposit, utilities payment, therapy support, vehicle maintenance, household goods, and work supplies. Our program also helped an elderly, disabled client move out of the home she was evicted from and move her belongings into storage until we can help her find a more permanent home.

Also in June, we held our second Nature Made youth outdoor event. 79 children came to Wild Plumas for a day of art, rock climbing, swimming, learning and adventure. The kids enjoyed snacks from Riley's Jerky and lunch from Crushabowl. Next month's Nature Made will be held Friday, July 21st; this event is free for kids age 5-18.





Mickey Trammell

ON THE FRONT LINES

*MICHAELA TRAMMELL,
DISASTER CASE MANAGER*

Michaela "Mickey" Trammell is one of PRS's 9 Disaster Case Managers. Mickey has lived in Plumas County for more than 30 years – nearly all her life. While she moved away for a couple of years, she found that, "People just aren't the same as they are here at home. I love the small town life, and I want my kids to grow up the same way I was able to. I want them to feel safe while also having the freedom to roam."

Mickey enjoys working as a Disaster Case Manager, because she loves helping people – especially the people in her own community. Being able to help them accomplish goals to get back to a sense of normalcy after such destruction is a beautiful feeling to her. In addition to her work with PRS in the DCMP, Mickey is passionate about finding ways to reintroduce a sense of hope in areas that burned. She is currently working with conference partners on the Dixie Fire Canopy project to get larger trees replanted in the area, both for the improvement to the landscape and to encourage a return of wildlife. In Mickey's spare time, she can be found fishing, riding dirt bikes, tending to her mini farm, or just hanging out with her 3 boys and getting dirty. "Being a boy mom is the best!"

GOLD DIGGERS DAY

61ST ANNUAL EVENT

The 61st Annual Gold Diggers Day will be held Saturday, July 15th, in downtown Greenville (205 Pine Street). This year's theme is COMMUNITY! The PRS Disaster Case Management Program and Dixie Fire Resource Center will be one of many groups walking in the Parade, which begins at 10:00 AM.

The day will be filled with a variety of festivities, including an ice cream social, watermelon eating contest, water balloon toss, 50/50 raffle, line dancing, and a Kid's Corner with free activities and water play. Food and craft vendors will also be available. Later in the evening, you're invited to a Street Dance at 8:00 PM with live music from Rickety Bridge.

BIG TIME EVENT

On Saturday, July 8th, the community is invited to the 2nd Annual Roundhouse Big Time event at the Greenville Campgrounds along Highway 89, north of Greenville.

This community gathering is free and open to the public; it will include traditional California dancers, craft vendors, and food vendors from noon until the dancers are done. Come and enjoy this celebration of the rich traditions and cultures of the first people of this area.

*More pictures from the
June 16 Nature Made day.*



RESOURCES AROUND

WHAT'S NEW AT DFRC

The Dixie Fire Resource Center (DFRC) has a handful of children's summer shoes, gently used summer clothing (child and adult size), donated food, water, and a few box fans donated from the Oroville Hope Center which were picked up and delivered by Mark Swaim and the Isaiah 6:8 Crew. There is also dog food still available donated from Northern Valley Catholic Social Service.

The DFRC is a community resource to rehome furniture; we accept and will find a home for furniture in good condition. In addition to regular services, a Disaster Case Manager will now also be available at the DFRC on the first Saturday of the month to help fire survivors needing information or assistance from that program.



RURAL BROADBAND

PLUMAS COUNTY SURVEY

Plumas County is currently working towards improving broadband access across the county. In order to have a full picture of California's broadband needs, one of the County's partners has distributed a survey focusing on digital equity. The County Administrative Office is asking residents to complete the anonymous survey to better understand Plumas County's needs (one survey per household). The data collected will assist state partners in the Broadband for All program to understand what it is like to access the internet in rural California.

The survey can be accessed [here](#). Questions about this process can be directed to Zachary Gately at zacharygately@countyofplumas.com or 530-283-6414.

EARLY LITERACY

Among many other things lost to the Dixie Fire were children's books that encourage our youngest to develop emerging literacy skills. First 5 Plumas invites all Plumas County children from birth to age 5 to sign up for Dolly Parton's Imagination Library. The program mails free, high-quality, age-appropriate books to children on a monthly basis. Since the program started in 1995, nearly 2.5 million children have registered, and more than 204 million books have shipped.

According to the National Association for the Education of Young Children (NAEYC), sharing books with very young children helps them learn that pictures and words are symbols that can be interpreted, increases their vocabulary, and familiarizes them with conventions of reading in their own language (e.g., reading from left to right and top to bottom in English).

Reading to very young children also enriches their lives by extending what they know about the world and themselves (relating to a character's experience or learning about something they haven't experienced), while the physical closeness and conversation that is part of sharing books with infants and toddlers can strengthen your relationship with your child.

Scan the code with your smart phone camera to sign up or click [here](#).





JULY EVENTS

Tuesday, July 4, 7:00 AM - 11:00 AM

4th of July Pancake Breakfast

Indian Valley Museum, 4288 Cemetery Rd.,
Taylorsville

Tuesday, July 4, 10:00 AM

4th of July Parade

Downtown Taylorsville

Tuesday, July 4, 1:00 PM

Taylorsville Silver Buckle Rodeo

Taylorsville Rodeo Grounds, Hwy A22/Arlington Rd.

Mondays, July 10/17/24/31

9:00 AM - 11:30 AM (2nd-5th Grade)

1:00 PM - 3:30 PM (6th-8th Grade)

Summer Art Program

Indian Valley Academy, 4352 Main St., Taylorsville
Chester Memorial Hall, 225 Gay St., Chester

Saturday, July 8, 12:00 PM 'til dancers are done

Roundhouse Big Time

Greenville Campgrounds, Hwy 89
North of Greenville

Saturday, July 15, 11:00 AM - 1:00 PM

Dixie Fire Collaborative Community Meeting
Greenville Elementary Cafeteria, 225 Grant St.

Saturday, July 15, ALL DAY

Gold Diggers Day

Downtown Greenville

Monday, July 17, 4:00 PM - 6:00 PM

Community Supper

Historic Taylorsville Hall, 4322 Main St., Taylorsville

Friday, July 21, 9:00 AM - 1:00 PM

Nature Made Outdoor Youth Program

Wild Plumas, 1323 Wolf Creek Rd., Greenville

SUMMER ARTS PROGRAM

Plumas Arts is launching its inaugural Summer Arts Program to run for 5 weeks beginning Monday, July 10th. Classes will be held across the county with Mondays at the Chester Memorial Hall and Indian Valley Academy in Taylorsville, Tuesdays at Dramaworks in Quincy, and Wednesdays at Portola High School. The 2.5-hour classes will be split with one group for 2nd - 5th Grade and another group for 6th-8th Grade.

Program fees are \$120, and partial and full scholarships are available. Once you fill out the registration form, a link will take you to the payment page. If you are interested in a scholarship, mark the box and then submit the attached scholarship request form. Partial scholarships are \$75 (participant pays \$45). Full scholarships are \$120 (participant pays \$0).

Program registration can be found [here](#). Contact Kara at 530-283-3402 or kara@plumasarts.org with any questions.

GROUNDING TECHNIQUES

Grounding is a practice that can help you pull away from flashbacks, unwanted memories, and negative or challenging emotions. Grounding techniques are exercises that may help you refocus on the present moment to distract yourself from anxious feelings. You can use grounding techniques to help create space from distressing feelings in nearly any situation, but they're especially helpful for improving anxiety, well-being, stress, depression, mood, PTSD, and/or dissociation.

Many grounding techniques encourage you to focus on your physical sensations at the moment. How does the technique feel in various parts of your body? What details can you see? What can you hear?

Answer these questions while you hold an ice cube, touch items near you, savor a food/drink, take a short walk, or run your hands under cold and warm water.

JUNE SERVICE STATISTICS

STABILIZATION RESOURCES

Gas Vouchers Distributed - 59

Stabilization Funds Requests Filled - 14

Value of Stabilization Support - \$6,500

DISASTER CASE MANAGEMENT

Clients Triaged - 4

Survivors Served - 397 (725 total to date)

Cases Closed - 0

Client Referrals Provided - 36

Value of Client Referrals - \$11,126

Clients Approved for SUN Funds - 1

SUN Funds Awarded - \$4,590

FUNDS DISTRIBUTED as of 6/30/23

SHOP Funds - \$75,455

Stabilization Funds - \$214,265

Simple Unmet Needs (SUN) Funds - \$48,479



A BIG THANK YOU TO OUR FUNDERS

CONNECT WITH US

530-283-2735

www.PlumasRuralServices.org

Facebook: @prs.social

Instagram: @plumasruralservices_inc

Twitter: @PRS_Inc



American Red Cross



Thank you to Dixie Fire funders

Thank you to the 13 organizations that have jointly funded grants totaling nearly \$200,000 for Dixie Fire relief. We are working together to stretch the dollars that were donated to help relief and recovery efforts in affected communities. Together we are stronger.




Plumas Rural Services
Serving people, Strengthening families, Building communities