

Domestic Violence is:

A pattern of behavior using power and control over another; it affects everyone in the home. It is not just about physical violence; it can include emotional, psychological, financial, and verbal abuse.



You may be in an abusive relationship if your partner:

- Expresses extreme jealousy
- Makes threats to harm or has harmed you, your children, pets or property
- Threatens self-harm and/or suicide if you leave
- Blames you for their negative or violent behaviors
- Constantly criticizes, humiliates, degrades, puts down, insults, calls names
- Forces you to justify how you spend your time with friends, family, work, etc.
- Has control over finances, religious practices, medical care, and reproductive rights
- Pressures you to give up passwords to accounts, your phone, and other personal devices
- Monitors you or expects frequent check-ins and locations
- Makes you believe you are not capable of making good decisions or surviving without them
- Forces you to have sex or engage in sexual activities you are not comfortable with

About Our Program

We serve survivors of domestic violence and their children with culturally and linguistically appropriate advocacy. We provide confidential access to emergency shelter and other supportive services.

Our Program Mission

Empower those affected by domestic violence compassionately through support, advocacy, education, encouragement, and outreach. We foster safety, strength, healing and independence in an effort to prevent future violence and inspire lasting change for adults, youth, and the community.

Additional Resources

Local 24/7 Crisis Line
833-723-2968

National Domestic Violence Hotline
800-799-SAFE (7233)

National Sexual Assault Hotline
800-656-HOPE (4673)

PRs is an equal opportunity service provider and does not discriminate against clients or volunteers on the basis of any protected characteristics identified by the State of California's Civil Rights Department:
calcivilrights.ca.gov/employment/#whoBody



Visit us online!

- prs.social
- PRS_Inc
- plumasruralservices_inc
- plumas-rural-svc



Domestic Violence Services



Business Office

711 E. Main Street
Quincy, CA 95971
(530) 283-5675 phone
(530) 283-5675 fax
dvs@plumasruralservices.org

24/7 Crisis Line
(833) 723-2968

www.PlumasRuralServices.org

Our Services

TEMPORARY EMERGENCY SHELTER

Emergency shelter services for survivors of domestic violence and their children who are in unsafe living conditions due to violence in the home. This can include hotel or motel arrangements and is available 24/7.

EMERGENCY FOOD & CLOTHING

Assist with immediate food and clothing needs. Clothing items, such as socks, shirts, shoes, underwear, and pants are provided to or purchased for survivors and their children. We also provide food and assist with essential groceries as needed.

COUNSELING & TRAUMA RECOVERY

We offer individual counseling by PRS's Trauma Recovery Practitioner, one-on-one work with advocates & referrals to qualified professionals, counselors, and therapists.



TRANSPORTATION

Provide emergency and non-emergency transportation to shelters or other safe locations. This can include medical appointments, court hearings, job interviews, and relocation out of county. We also provide bus passes.



HOUSEHOLD ESTABLISHMENT

Assist survivors of domestic violence and their children with finding and establishing new safe housing. This can include helping with

furniture, food, transportation, donations, and other household items.

CRIMINAL JUSTICE & SOCIAL SERVICES ADVOCACY

We provide culturally and linguistically appropriate advocacy with the criminal justice system and social services agencies. Such agencies include district attorneys' offices, courts, Victim Witness, Social Services, schools, county offices, and non-governmental service providers. Advocacy may include accompaniment and facilitating meetings.

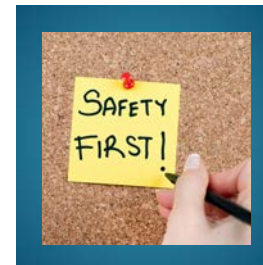
LEGAL ASSISTANCE & COURT ACCOMPANIMENT

We provide assistance and support with information, preparation, and processing of legal documents that are necessary to obtain temporary restraining orders, other protective orders, and custody/visitation orders. We can accompany or attend court on behalf of the survivor/victim for criminal and civil court hearings.



SAFETY PLANNING

Program staff works with survivors who are currently living with or without their abusive partner to better protect themselves and their children. Safety plans may address children and/or other family members, an active or pending restraining order, weapons, stalking, social media accounts, electronic devices, and more. These are developed around the survivor's needs.



CHILD SERVICES

We help to ensure that the needs of children of domestic violence survivors are met. Advocates assist and support parents with maintaining their child's educational, medical, therapeutic, and specialized needs during their stay in the shelter.

PET SUPPORT

It is common for abusers to control others through fear of harm to pets. We can shelter pets with you and help with supplies and vet care.